



Pupils: How We Keep You Safe at Blaengwrach Primary School



How We Keep You Safe

- Our school has lots of policies which explain how we keep you safe from harm.*
- Everyone who works in our school has had a police check to make sure they are allowed to work with children.*
- All children in our school are treated as individuals and with respect.*
- Our school is often checked and tested to make sure it is safe for you.*
- Teachers make sure all activities are suitable and safe for you.*
- Everyone in Blaengwrach Primary School is trained to make sure children in our school are happy and cared for.*
- Lots of information is on display around our school to keep you safe.*
- You know you can speak to an adult about any worries or concerns at any time or speak to your School Councillor.*
- Staff, Parents, Carers and Governors all work together to keep Blaengwrach Primary School children safe and happy.*

Helpline Numbers

*NSPCC – 08800 5000
CHILDLINE – 0800 1111*



Top Tips for Keeping Calm



- *Take some deep breaths.*
- *Count to 10.*
- *Close your eyes for a moment to think about what to say.*
- *Sit down.*
- *Move away from the situation.*

Your Rights to Keep Safe (UNCRC)

- *You have the right to give your opinions.*
- *You must be kept safe from harm.*
- *You have the right to be listened to.*
- *You have the right to personal privacy.*
- *You have the right to meet and join groups.*

How We Behave @ Blaengwrach Primary School

- *We respect others and treat them in the way we would like to be treated.*
- *We always do our best.*
- *We follow school rules.*
- *We know that bullying is WRONG and NOT acceptable. Be aware that Cyber Bullying is taken seriously and the Police can be involved.*
- *We respect other people's property.*
- *We talk to adults about our worries.*

Top Tips to Keep Yourself Safe Outside School

- *Look Confident.*
- *Make sure an adult knows where you are and who you're with.*
- *Talk to an adult you can trust if you have any worries.*
- *Carry a mobile phone with you and have important numbers on speed dial.*
- *Do not accept anything from someone you don't know.*
- *Never accept a lift from a stranger.*
- *Stay in areas you know, with your friends.*
- *Never take any unnecessary risks when out and about.*
- *If someone is frightening you, try to draw attention to yourself and shout for HELP!*