

Emotional Health and Wellbeing Services in Powys
Central Contact Information for Children, Young People and Families

School Nursing
01547 521207

CAIS (Young Persons Substance Misuse)
03007772258
www.cais.co.uk

Youth Intervention Service
(South and Mid) – Mary Evans mary.evans@powys.gov.uk
(North) – Simon Titley simon.titley@powys.gov.uk
Detached Youth Work Team – contact the team
at <https://www.facebook.com/DetachedYouthPowys/>

Open Access Youth Service
01874612226
Helen Quarrell - 07805024126
Rhodri Jones – 07909882525
Facebook page – Powys Open Access Youth Workers
Instagram – powysopenaccessyouthworkers
Twitter – Powys Open Access Youth Workers - @PowysOAYW

Email – youth.service@powys.gov.uk

Brecon Youth Club – <https://www.facebook.com/Breconyouthcentre/>
Penrhos Youth Club – <https://www.facebook.com/penrhosyouthclub/>
Newtown Youth Club – <https://www.facebook.com/YouthClub-Newtown-121812497932989/>
Llandrindod Youth Club – <https://www.facebook.com/Llandod-YouthClub-331272480221703/>

Xenzone and Kooth
Louise Greenwood - 07975590119 or Louise.greenwood@xenzone.com
Referral link for professionals - www.koothf2f.com
Kooth website - www.kooth.com

Child and Adolescent Mental Health Services (CAMHS)
01874 615662

Additional Learning Needs (ALN)

Mike Wheeler - 01597 826 281 or mike.wheeler@powys.gov.uk

Educational Psychology

Alun Flynn – 01686 614044 or alun.flynn@powys.gov.uk

Caroline Rees - caroline.rees@powys.gov.uk

Hayley Smith - 01597 826705 or hayley.smith1@powys.gov.uk

Tros Gynnal Plant (Advocacy service)

Phone - 01545 571865

Email - midandwestwales@tgpcymru.org.uk

Website - www.tgpcymru.org.uk

Credu (Young Carers)

Phone: 01597 823800

Email: Bekcy@credu.cymru

You can still get support over the phone by ringing your outreach worker or the office and via social media. Please do not hesitate to contact us about anything that is concerning you and your family. If you are not registered with Credu and Care for someone in your family, please get in touch with the office.

Montgomeryshire Family Crisis Centre

Phone: 01686 629114

Email: admin@familycrisis.co.uk

Calan DVS

Phone: 01874 625146

Email: enquiries@calandvs.org.uk

Live Fear Free: 0808 801 0800

Windfall Centre

Phone: 01597 829346

Email: info@windfallcentre.co.uk

Support, advice and a listening ear for parents, foster carers and children and young people who may be feeling under stress and need to talk.

Powys Front Door Service

To make a referral to Children's Services or to request information, advice and assistance:

Phone: 01597 827666 (Option 1, Option 1) to speak to a member of staff if you have concerns about a child or young person and their family which you need to discuss with a Children's Services representative.