

Primary School meals and prices

Freshly prepared dishes from our 3 week menu below, including a choice of potatoes, vegetables or salad and a pudding at £2.45 per meal

Also Available Daily Are Jacket Potatoes with Various Fillings, Pasta as an alternative Carbohydrate, Salad, and Fresh Fruit & Water

We can also provide vegan and special dietary menus when requested

V = Suitable for a Vegan diet

Week beginning: 11th Nov / 2nd Dec / 6th Jan / 27th Jan					
Week 1	Main Meal	Vegetarian Meal	Carbohydrate	Side Dish	Dessert
Monday	Cheesy pizza	Cheesy pizza	Herby diced Potatoes	Baked beans	Fresh Fruit Wedges Or Ice Cream & Chocolate Sauce
Tuesday	Sausages & Gravy	Quorn Sausages	Mashed or boiled potatoes	Fresh Carrots & Green Beans	Fresh Fruit Wedges Or Shortbread Biscuit, a portion of raisins & Fruit Juice
Wednesday	Cottage Pie	Homemade Vegetarian Cottage (V)	Roast Potatoes	Mixed Vegetables	Fresh Fruit Wedges or Angel Delight
Thursday	Roast Turkey with Stuffing & Gravy	Broccoli Cheese Bake	Mashed or boiled potatoes	Fresh Carrots & Broccoli	Fresh Fruit Wedges Or Carrot cake & Milk
Friday	Fish Finger or Salmon Bake	Cheese & Vegetable Country Bake	Chips or Pasta	Baked Beans or Peas, Tomato Ketchup	Fresh Fruit Wedges Or Eves pudding & custard

Week beginning: 18th Nov / 9th Dec / 13th Jan / 3rd Feb					
Week 2	Main Meal	Vegetarian Meal	Carbohydrate	Side Dish	Dessert
Monday	Lamb Grill in a Bap	Cheese & Vegetable Country Bake	Herby diced Potatoes	Baked beans	Fresh Fruit Wedges or Rice Pudding with Jam
Tuesday	Chicken with Sage & Onion Stuffing	Quorn with Stuffing	Mashed or boiled potatoes	Fresh Carrots & Broccoli	Fresh Fruit Wedges or Cheese cake & Fruit Juice
Wednesday	Homemade Spaghetti Bolognese	Homemade Vegetarian Bolognese (V)	Spaghetti & Garlic Bread	Sweetcorn	Fresh Fruit Wedges or Chocolate & Mandarin sponge & Chocolate sauce

Thursday	Roast Pork with roast potatoes, apple sauce & Gravy	Quorn Roast	Mashed or boiled potatoes	Fresh Carrots & Green Beans	Fresh Fruit Wedges or Flapjack, a portion of raisins & Milk
Friday	Fish in batter	Omelette	Chips or Pasta	Baked Beans or Peas, Tomato Ketchup	Fresh Fruit Wedges or Cheese & Biscuits

Week beginning: 4th Nov / 25th Nov / 16th Dec / 20th Jan / 10th Feb

Week 3	Main Meal	Vegetarian Meal	Carbohydrate	Side Dish	Dessert
Monday	Meatballs	Vegetarian Meat Free Balls	Pasta & Garlic Bread	Mixed Vegetable	Fresh Fruit Wedges or Apple crumble & Custard
Tuesday	Sliced Turkey with Sage & Onion Stuffing	Quorn Roast	Mashed or boiled potatoes	Fresh Carrots & Peas	Fresh Fruit Wedges or Chocolate haystack & Fruit juice
Wednesday	Mini Grill (Bacon, sausage & ½ Omelette)	Vegetarian grill (2 Quorn sausage & ½ Omelette)	Hash Browns	Baked Beans	Fresh Fruit Wedges or Fruit Yoghurt & Peaches
Thursday	Roast Beef with Yorkshire pudding & Gravy	Cheese & potato pie	Mashed or boiled potatoes	Fresh Carrots & Green Cabbage	Fresh Fruit Wedges or Blueberry muffin & Milk
Friday	Fish Finger	Cheese & Vegetable Country Bake	Chips or Pasta	Baked Beans or Peas, Tomato Ketchup	Fresh Fruit Wedges or Jam tart & custard