



Protect and Respect

One-to-one support

Information for professionals
supporting children and young people
affected by sexual exploitation

How it works

The **Protect & Respect Hybrid virtual offer** will be for children where there are **Child Sexual Exploitation (CSE)** concerns.

- Assessment for all referrals.
- Delivery of awareness raising CSE topics such as healthy relationships, consent, internet safety, Youth involved sexual images (sexting), exploitation, self-esteem and body image.
- Optional, bespoke intervention sessions to meet the young person's individual needs.
- Emotional support.
- Parent/carer Support Offer
- Signposting to resources and activities during COVID-19.

This may include a service for a child and/or a service for an adult carer. We can also offer consultation with a professional in line with the aims of the Protect and Respect service.



There will be a range of options under our virtual offer;

Assessment

- Assessment of the child's needs. This assessment could also include parents needs unless a separate worker or assessment is needed if the families' needs are complex.
- Assessment of the parent's needs
- For children that are harder to reach (i.e. CSE protocol) Relationship building/emotional well-being support due to Covid-19 – with Assessment.

Intervention

- 3 awareness raising sessions and additional bespoke sessions to meet that individual child's needs.
- Intervention specific to that child's individual needs (socio-educative, emotional regulation, other wider issues)
- For children that require a trauma informed intervention, these sessions would begin with socio educative work with a view to completing therapeutic work when the service returns to business as usual. However, this will need to be assessed on a case by case basis.
- All open cases will include contribution to multi-agency support network.

Protect and Respect one to one work is for young people aged **11 – 19** who require awareness-raising work or a combination of awareness-raising and recovery work in relation to Child Sexual Exploitation through trauma informed approaches.

Referral

The service is for young people who are either thought to:

- **Be vulnerable to** Child Sexual Exploitation due to other more general concerns about them, but they are not at immediate risk of CSE (Awareness-raising work),
OR
- **Have been through trauma** (CSE related or not but which increases their risk to CSE) and are now in a place where they can access support using trauma informed approaches alongside CSE socio- educative work.
OR
- **Are at high risk of or are currently** being sexually exploited.

Make a referral

If you have any questions about this service or are interested in referring please get in touch with the duty worker on **02920 108080** (Cardiff) or **01792 580287** (Swansea).

email southwalesadmin@nspcc.org.uk