

Looking After Each Other



With all of us returning to school here are some points for us all to be mindful of

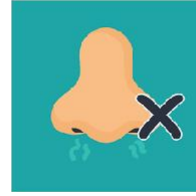
Symptoms of Covid :



High Temperature (feeling hot to touch on chest or back).



A new continuous cough (coughing a lot for more than an hour. Or 3 coughing episodes within 24 hours).



A loss or change to your sense of or taste : maybe things smell or taste different to normal.

Also please be aware that there are reports of sickness and diarrhoea as symptoms in children. Children must always be kept 48 hours clear of these symptoms before returning to school regardless of the current situation.

What if my child or one of the household develop symptoms?

If you or your child develop one of these symptoms, you should:

- follow self-isolation guidance
- apply for a coronavirus test The COVID-19 online symptom checker (on NHS 111 Wales) can tell you if you need medical help.
- **Under no circumstances** should pupils attend schools if they:

feel unwell, have any of the three identified COVID-19 symptoms, they have tested positive to COVID-19 in the past 14 days or live in a household with someone who has symptoms of COVID-19 or has tested positive to COVID-19 in the past 14 days



Please advise us immediately if any of the above occurs.

Anyone displaying symptoms should stay at home for 10 days and should arrange to be tested.

Anyone who lives with someone displaying symptoms but remains well should stay at home for 14 days from the day the first person became ill.



Working together is now more important than ever to ensure that we keep each other safe. Diolch.