



YSGOL GYMRAEG PONTARDAWE

POLISI ADDYSG RHYW A PHERTHNASEDD

Llofnodwyd gan Gadeirydd y
Llywodraethwyr

Handwritten signature of Ray Hanrahan.

Llywodraethwyr Cyswllt:

Mrs Bethan Gill & Miss Catrin Lewis

Dyddiad cymeradwyo:
(gan y corff llywodraethu llawn)

15/010/18

Dyddiad adolygu:

Medi 2019



*Datblygu pob dawn
Ar daith drwy'r iaith*

Polisi Addysg Rhyw a Pherthnasedd

Ysgol Gymraeg Pontardawe

Pwrpas ac Amcanion Addysg Rhyw yn Ysgol Gymraeg Pontardawe

- Dysgu am gylch bywyd
- I gadw'r plant yn ddiogel trwy eu helpu i adnabod ac ymateb i ymddygiad annerbyniol gan oedolion a phlant eraill
- I helpu'r plant i ddeall y wybodaeth a'r sefyllfaoedd y maent yn dod ar eu traws ac i'w rhoi mewn cyd-destun moesol
- I helpu'r plant gyfathrebu am faterion i wneud a'r corff a pherthnasedd heb embaras
- I ddarparu gwybodaeth am
- perthnasedd cariadus
 1. enwau rhannau'r corff
 2. y broses atgenhedlu
 3. newidiadau'r glasoed
 4. tyfiant y baban yn y groth a genedigaeth
 5. anghenion babanod a chyfrifoldebau rhieni
- I baratoi plant am y penderfyniadau y byddant yn eu gwneud yn y dyfodol; a'r profiadau maent yn debyg o wynebu
- I helpu'r plant i addasu i newidiadau yn y teulu
- I helpu'r plant i ddeall eu teimladau nhw eu hun a theimladau pobl eraill
- Dysgu'r plant i barchu eu hunain ac eraill
- I ddechrau cyflwyno'r plant i werthoedd gwahanol yng nghyswllt mwy eang er mwyn eu helpu i ddatblygu eu cod moesol eu hun a dangos goddefgarwch i rai sy'n dodo gefndiroedd gwahanol

Trefniadaeth y cwricwlwm Addysg Rhyw yn yr Ysgol Gymraeg Pontardawe

Cyflwynir Addysg Rhyw i ddisgyblion trwy:

- Gyfnodau amser cylch
- Cyflwyno sesiynau Addysg Rhyw yn y Cyfnod Sylfaen ac ar draws yr Adran Iau- adnodd goleuadau traffig i blant y babanod.
- Trwy bynciau penodol yn y Cwricwlwm Cenedlaethol
- Trwy sesiynau a gyflwynir gan asiantaethau allanol (nyrs ysgol)
- Fideo Arbennig ym Mlwyddyn 6 wedi cynhyrchu gan BBC Cymru - Hybu Iechyd Cymru. Cyfres o 4 gwrs
- DVD Sense- Tyfu i fyny a chadw'n ddiogel (CA2)
- Adnodd "Tyfu i fyny" yn cael ei ddefnyddio trwy'r ysgol.
- Nyrs ysgol/cydlynnydd ysgolion Iach y Sir yn dod i siarad â rhieni Blwyddyn 5 a 6 ar ôl cyfarfodydd croesawi mis Medi.

Hawliau Rhieni i eithrio eu plant:

Mae gan rieni'r hawl i esgusodi eu plant o'r cyfan neu rannau o'r Addysg Rhyw a ddarperir yn yr ysgol ac eithrio'r elfennau hynny sy'n rhan o'r cwricwlwm cenedlaethol.

Nid yw'r sefyllfa wedi codi hyd yn hyn ond os ydy rhiant yn bryderus am y rhaglen gofynnir iddynt gysylltu â'r Pennaeth i drafod eu pryderon i weld os oes modd datrys y sefyllfa heb eithrio'r plentyn.

Cyfrinachedd

Ni all athrawon gynnig cyfrinachedd diamod. Os ydy'r plant yn datgelu eu bod yn cael eu cam-drin neu ddweud rhywbeth sy'n achosi athro/athrawes i feddwl eu bod dan beryg o gael eu cam-drin rhaid dilyn canllawiau amddiffyn plant.

Bydd y staff yn trafod cyfrinachedd gyda'r plant a sicrhau bod nhw'n ymwybodol o ffiniau cyfrinachedd. Byddwn yn annog y plant i beidio â gofyn cwestiynau personol a byddwn yn dweud wrth y disgyblion na fydd neb yn rhannu'r wybodaeth gyda neb tu allan i'r dosbarth.

Ond nid ydym eisiau rhoi'r neges bod rhyw yn rhywbeth cywilyddus. Bydd disgyblion yn cael eu hannog i drafod y dosbarthiadau Addysg Rhyw gyda'u rhieni neu ofalwyr fel y gellid cymryd y cyfle i drafod materion addysg rhyw a pherthnasedd gyda'u plant.



YSGOL GYMRAEG PONTARDAWE

SEX AND RELATIONSHIPS POLICY

**Signed
by chair of governors:**

A handwritten signature in black ink, appearing to read 'Ray Hamman'.

Link Governors:

Mrs Bethan Gill & Miss Catrin Lewis

**Date approved:
(by full governing body)**

15/10/18

Date of review:

September 2019



*Datblygu pob dawn
Ar daith drwy'r iaith*

Sex Education Policy

Ysgol Gymraeg Pontardawe

Purpose and Objectives of Sex Education at School Gymraeg Pontardawe

- Learn about the life cycle
- To keep children safe by helping them to recognize and respond to unacceptable behaviour by adults and other children
- To help the children understand the information and the situations they encounter and to put them in a moral context
- To help children communicate about issues to do with the body without embarrassment and relevance
- To provide information on
 - 1) loving relationships
 - 2) parts of the body
 - 3) the reproductive process
 - 4) the changes at puberty
 - 5) growth of the baby in the womb and birth
 - 6) needs of infants and responsibilities of parents
- To prepare children for the decisions they make in the future, and the experiences they are likely to face
- To help children to adapt to changes in the family
- To help children understand their own feelings and the feelings of others
- To teach the children to respect themselves and others
- To begin to introduce children to different values in relation to wider contexts and to help them develop their own moral code and show tolerance to those of different backgrounds.

Curriculum organisation of Sex Education at Ysgol Gymraeg Pontardawe

Sex Education for pupils is presented by:

- circle time
- Introduce Sex Education sessions in the Foundation Phase and Key Stage 2 – Traffic lights game/resource for infant children.
- specific topics in the National Curriculum
- through sessions delivered by external agencies (school nurse)
- special videos in Year 6 produced by BBC Wales - Health Promotion Wales
 - a Series of 4 lessons
- DVD- Sense “Growing up and keeping safe” (KS2)
- “Growing up” resource to be used throughout the school.

- School nurse/ healthy school's coordinator from the county will be available to speak to Year 5 and 6 parents after the welcome meetings in September.

Rights of parents to withdraw their children:

Both parents have the right to excuse their children from all or part of sex education provided at school except for those parts of the national curriculum

The situation has not yet arisen but if a parent is concerned about the program, they may contact the headteacher to discuss their concerns and see if the situation can be resolved without excluding the child.

Confidentiality

Teachers can not offer unconditional confidentiality. If the child discloses that they have been abused or say something that causes teacher / teacher to think that they are under risk of being abused, child protection procedures will be followed.

Staff will discuss confidentiality with children and ensure that they are aware of the boundaries of confidentiality. We will encourage children not to ask personal questions and we will tell the pupils that no one will share the information with anyone outside of the classroom.

But we do not want to be sending a message that sex is something shameful. Pupils will be encouraged to discuss the sex education classes with their parents or carers and to take the opportunity to discuss sex and relationship education with their children.