



The Federated Schools of St Joseph's Catholic Infants
and St Joseph's Catholic Juniors



Junior Weekly Newsletter

Email: school@stjosephsjun.waltham.sch.uk

Issue: 2

Friday 10th September 2021

Parents and Carers,

Our first week at school has been a flurry of activity as the children settled into their new classes with their new teachers.

A big thank you to all the parents for getting them ready for school and the teachers for making their first week back at school so enjoyable. Thank you to our caretakers and cleaners who worked across the school holiday to help get our school ready for the New Year.

On Monday, the children explored the theme of new beginnings. In keeping with the theme of new beginnings we are really looking closely at our learning environments to make them warm and calm environments to support children in their learning. Early Years have been evaluating all their equipment and classroom layout to support children independence. We have started our painting and redecorating programme and all classrooms in Year 3 and 4 have now been painted. We hope to complete the corridors, hall and Year 5 and 6 classrooms during weekends, half term break and after school were able. We have many small refurbishment projects needed around the school and we are looking for volunteers who are perhaps willing to help on a Saturday morning or during half term to help paint, sort books and carry out some general gardening around the school. If you yourself are a carpenter, or know someone who can volunteer to help us, I have some projects that I would like to get underway such as redesigning the art cupboards and building a reading shed in both the infant and junior schools. Buying these sheds readymade can cost thousands of pounds and I am hoping that amongst all our infant and junior parents we may have some painters, decorators or DIY enthusiasts that are happy to help. I am a strong believer in charity always begins at home and if you are able to help us, I would be so very appreciative of your support.

This term, sport, health and wellbeing kick start the first phase of our Educational Recovery Plan. Ensuring children feel healthy, happy and safe is important to their overall development and impacts positively on their social and emotional wellbeing as well as academic development. With this in mind, we have increased our P.E to two sessions across the week to include a range of sports and wellbeing activities. Each year group will take part in both indoor and outdoor PE session each week (weather permitting). This half term, children from Year 1 to Year 6 began taking part in Poon Dojo sessions for the first half term for indoor PE and games activities for outdoor P.E. Poon Dojo teaches Tai Chi for Health & Wellbeing in Schools. The aim of teaching Tai Chi is to help young children (and adults) to cope with stress and anxiety to aid mental health and emotional wellbeing. The Poon Dojo class structure incorporates stress relief exercises, including meditation, Makko-ho stretches (yoga type meridian stretching exercises) Chi Kung and Do-In exercises. Sensie Penny has worked in the Infants for the last few years and we are delighted to welcome her to the Juniors!

Last Friday, we discussed the importance of going to bed early and coming to school ready to learn. Being overtired can significantly impact on children's wellbeing and academic ability and the NHS website gives guidance on the number of hours sleep needed for primary age children.

Children 3 to 5 years olds - 10 to 13 hours including naps

Children 6 to 12 years old - 9 to 12 hours

The children in key stage 2 calculated that in order to get 11 hours sleep they would have to go to bed at approximately 8:00 pm to get to school by 8:45 am. Staying up late playing on devices and phones can have a detrimental impact on children's overall cognitive ability. If you are struggling to get your child to sleep on time, the NHS website offers lots of handy hints to help even your most stubborn sleepers.

Information can be found at: <https://www.nhs.uk/live-well/sleep-and-tiredness/healthy-sleep-tips-for-children/>

Upcoming Dates

Curriculum Parent Meetings for September 2021

Year 3 Friday 10th Sept. - 3.30pm
Year 5 Tuesday 14th Sept. - 3.30pm
Year 6 Wednesday 15th Sept. - 3.30pm
Year 4 Thursday 16th Sept. - 3.30pm

Roald Dahl day September 13th

Thanksgiving Mass

Saturday 18th September at 11.00am
Lunch will be provided 12.00pm

Terms Dates as follows:-

Children start Friday 3rd September 2021
Children Finish Friday 17th December 2021

Half Term 2021

Monday 25th October to Friday 29th October

Christmas Holiday 2021

Monday 20th December - Monday 3rd January

Year 6

Applying for Secondary School place online
1st September 2021 to 31st October 2021

Holy Family College Open Evening

23rd September 2021 - 6pm to 8pm

Lammas School

12th October 2021 6pm to 8pm

George Mitchell

5th October 2021 - 5.30pm to 8pm

Feast of St Francis of Assisi 4th October

Non Uniform

Genes Day Friday 24th September 2021.
Please bring a donation of £2.

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Please help us to do our job well be ensuring you children get plenty of sleep and come to school ready to learn.

Every half term we will focus on a key value one of our key core values RESPECT. Respect for oneself, respect for others and respect for the world we live in.

The 1st September to the 4th October, (Feast Day of St Francis of Assisi), signifies 'The season of creation' an initiative from Pope Francis which began in 2015, where he urged us to "Listen to the cry of the earth, and the cry of the poor". Most recently we have heard about the devastating effects of climate change on our planet. An issue so pertinent to our own children that our Year 3 named their class after Greta Thunberg, one of our current pioneers on climate change. As a school, and hopefully wider community **we will actively be considering ways** to reduce waste, recycle and take part in projects to raise awareness and make a positive difference.

Our school councillors and Eco Warriors will be writing to you in the oncoming weeks to let you know how you can get involved at home.

Mrs D'Souza and all the staff at St. Joseph's

Recent Updates

Start and Finish to School Day

It is important your child arrives promptly at their allocated start time in order to maximise their learning time, receive additional intervention and support as well as settle themselves in readiness to start the school day. A reminder start times are:

Year 3 and 4 – 8:45 – 3.10

Year 5 and 6 – 8:40 – 3.15

Gate closes: 8:55

Please kindly do not enter the playground before your time slot and leave promptly once you have collected your child. Please also remember to wear a mask to help keep our community safe. We thank you for your support with these new procedure.

Sickness and Absence

Please make sure that you call the school office **every day** that your child is sick or absent from school. We are soon to get an answer machine which should make the procedure much easier. If you do not contact the school when your child is absent, you will receive a phone call from the school office in line with our safeguarding procedures.

Non Uniform Update

Please be aware that our Non Uniform day will now be on the last Friday of every month with a contribution of £2.00. Please remember that all donation goes directly back to supporting our children. Your donation will go as follows:

- Buying new books for the library and classrooms
- Buying play equipment for lunchtime and afterschool club

If your child has PE on their Non-uniform day they can just wear comfortable clothing for sports such as leggings and track suit bottoms as well as trainers or plimsolls.

School Photographs (juniors only)

Photographs are now available to purchase online. Parents who have registered have received an email to notify them.

Parents have until Monday 27th September to order online, they can choose either free delivery to school or a direct home delivery for a small fee.

All orders that are due to be returned to school are held in batch until 27.09.21, they will be to return to school approximately 7-10 days later.

Thanks Giving Mass

Father Gerry would like to warmly invite all families to a Thanksgiving mass on Saturday 18th September at 11:00am. This special mass is to welcome parishioners back and to remember those who have lost/ suffered during this pandemic. There will also be a delicious lunch served after mass at 12:00pm. Please come along!

Birthdays

Happy birthday to

Solan 4K

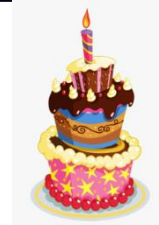
Michael 6T

Charles 3RC

Angela 3RC

Zara 4K

Misbah 4K



Office Hours

Please be aware that school office opening hours are now from

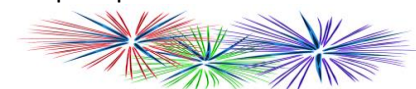
8:00 to 8:30 am

9:00 to 3:30 pm

If you need to report an absence, please contact the school office.

Attendance

Well done to Class 6T for having the highest attendance this week- 99%. Keep it up!



Cerificates

Congratulations to those children who have gone above and beyond in their learning this week. Great job and keep up the good work!

3RC: Whole School

4P: Whole Class.

4T: Whole Class

5A: Whole Class

5S: Whole Class

6M: Axel, Aisosa, Lina, Leonadrea, Elisha.

6T: Antonio, Kacper, Lelia, Michela, Niruskha.

Safeguarding

Please remember that safeguarding is everyone's responsibility and schools have a responsibility to promote and protect the welfare of our children. If you have a concern regarding the safety of any child, please speak immediately to a member of our school safeguarding team. Any discussions are treated in confidence.

The designated Safeguarding Team at St. Joseph's Infant and Juniors School are:

Mrs D'Souza	Headteacher
Mrs Subebe	Asst. Headteacher.
Mrs Carmody	Year 6 teacher
Mrs Le	Year 5 Teacher
Ms Poku	Year 4 class Teacher

In the event of a safeguarding emergency, please contact the MASH team at Waltham Forest.

Telephone: 020 8496 2310

Email:

MASHrequests@walthamforest.gov.uk

"Jesus Christ is the unseen but ever present teacher in our school, our model and inspiration for all who work here."