

### How well you learn is not a matter of how bright you are...

It is a matter of experience and good coaching. Being a good real-life learner means knowing what is worth learning, what you are good (or not so good) at learning, who can help, how to face confusion without getting upset and what the best learning tool for the job at hand is.

### Talking the talk, Walking the walk!

Developing self awareness as a learner enables a child to gain successful habits for the future and continually improve. These encourage self esteem, self confidence, independence and motivation. As a result, there are fewer behaviour problems and greater enthusiasm for learning.

Everyone is talking the language of learning, from Reception to Year 6. Teachers and pupils use the vocabulary and strategies inside the school to embed it in the children's minds.

Posters and prompts support learning by helping children focus on making progress with BLP. There is also a BLP display in our hall to remind us all!

### BLP terms you will hear your child use:

**Resilience** - ready, willing and able to lock onto learning and keep going.

**Resourcefulness** - being able to learn in different ways and from resources around you.

**Reflectiveness** – being able to look back at how you approached your learning and see how to improve it.

**Reciprocity** - being ready, willing and able to learn alone and with others.

### How can parents help with BLP?

- Use the **language** of BLP.
- **Foster** your child's questioning spirit as much as you can.
- **Encourage** them to learn what interests them. Don't rush to protect them too soon from difficulty, do just enough to get them going again when stuck; for example don't finish the jigsaw puzzle yourself!
- **Share** their learning and **remind** them how much they have progressed and improved.
- **Involve** them in your own learning activities. Try to "think aloud" as you try a new recipe or struggle with a bit of DIY. It helps children grow if they see that you too can struggle with uncertainties, and **cope** with them!
- Children are designed to be **little apprentices**, who will join in with anyone who is doing something interesting, looking for something they have lost, reacting to bad news or making a curry– **Work with them!**
- **Each term we will share with you our School BLP focus and offer ideas on how you can join in at home !**



# THE PROOF!

So what do our pupils have to say about how BLP has helped them to become better learners?

“Through BLP I have learnt who I work well with and now I get really excited when it ‘clicks’ in a group task with those people!”

“When I am stuck in my learning, I can now avoid distractions and remain focussed on finding solutions.”

“I used to worry and get upset if I was challenged or stuck in learning, but now I am always looking for ways to get unstuck myself!”

“I was resourceful in Literacy, when I used an adjective sheet to improve my writing.”

“I was resilient in art when I made a mistake in my portrait and tried again, rather than giving up!”



## What is Building Learning Power?

BLP is a new whole school initiative that we have adopted to ensure that each child sees themselves as a life-long learner; we believe children should see that learning takes place all of the time, and is not just confined to the classroom .

BLP schools allow children to train and develop their learning muscles, enabling them to become:

More curious;

More willing to take a risk in their learning;

More creative;

More thoughtful;

More ready, willing and able to learn with and through others.

