



## Perranporth C P School

Revised: January 2018

### Perranporth Community Primary School Policy for Sex and Relationships Education

#### Introduction:

Effective sex and relationship education is essential if young people are to make responsible and well informed decisions about their lives (DFE, Sex and relationship guidance, 2000). Sex Education is part of the personal, social and health education curriculum in our school and will encourage the following values; respect for self, respect for others, responsibility for their own actions and responsibility for their family, friends, school and wider community. The Channel 4 'Living and Growing' series will underpin our sex education programme and provides information to pupils which is easy to understand and relevant to the age and maturity of the pupils. To pass from childhood through adolescence successfully and safely children need plenty of opportunities to make choices and decisions – in order to do this they must receive the right information.

#### Aims and Objectives:

We teach pupils about:

- The physical development of their bodies
- The way humans reproduce
- Respect for their own bodies and the importance of sexual activity as part of a long term and loving relationship
- The importance of family life
- Respect and views of other people
- Sex abuse and what they should do if they are worried about a sexual matter.

We teach sex education through different aspects of the curriculum. Although the main sex education teaching is through our PSHE curriculum, we also teach some sex education through other subject areas, for example science.

### **Responsibility:**

Sex Education will be co-ordinated by the PSHE co-ordinator in close co-operation with other teaching staff, the headteacher, Governing body and outside agencies e.g. health advisor or school nurse. It is the responsibility of the co-ordinator and headteacher to ensure both staff and parents are informed about our policy and sex education program and ensure both are implemented effectively. The co-ordinator and head teacher must ensure that all staff are given sufficient training, so they can teach effectively and handle difficult issues with sensitivity.

### **Partnership between home and school:**

The school is committed to working with parents and is well aware that the primary role in children's sex education lies with the parents and carers.

We endeavour to:

- Inform parents about the school's sex education policy and practice. Parents are sent a letter informing them that sex education will be starting and we will offer them the opportunity to view the materials themselves.
- Answer questions that parents may have about the sex education program
- Take seriously any issue that parents/carers raise with teachers or governors about this policy or arrangements for sex education in the school.

Parents have the right to withdraw their child from all or part of the sex education program we offer in school. If a parent wishes to withdraw their child, they should discuss this with the head teacher. The school will comply with the wishes of the parent or carer.

### **The role of the community:**

We encourage other members of the community to work alongside us to provide advice and support to the children with regard to health education. In particular, members of the local health authority, such as the school nurse and other health professionals, give us valuable support with our sex education program.

### **Confidentiality:**

Teachers conduct sex education in a sensitive manner. If a teacher is concerned about what they hear, they will draw their concerns to the attention of the head teacher and all matters will be treated confidentially. The head teacher will then deal with the matter in consultation with health care professionals and in accordance with the child protection policy.

### **Progression of Subject:**

Foundation Stage – *Ourselves and Lifecycles*

Year 1 and Year 2 – *Living and Growing Unit 1*

Year 3 and Year 4 – *Living and Growing Unit 2*

Year 5 and Year 6 – *Living and Growing Unit 3*

### **Equal Opportunities:**

All pupils are given equal opportunities to access the sex education program offered by the school unless their parents wish them to be withdrawn. Where appropriate, teachers will adapt the curriculum to meet the needs of learners to ensure all children meet the outcomes of the program.

Example letter:

Dear Parent/Carer,

Nowadays there is a vast amount of, sometimes confusing, information about relationships and sex on the internet, on TV and in magazines. Therefore, as part of our school's Personal, Social and Health Education you child will be receiving sex and relationship education this term. We will be having a blocked unit of work from the 17<sup>th</sup> May till the 29<sup>th</sup> May. The key aims of SRE are to:

1. Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
2. Establish an awareness of the importance of a loving family environment, including the responsibilities of parenthood.
3. Foster self awareness and self esteem.
4. Develop a sense of responsibility and respect for themselves and others.

We believe if young people can start the transition into adulthood with good information and a sound knowledge and understanding of what changes are happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning about growing up and the sessions in school may reinforce what you are already doing at home.

We deliver our SRE programme using the Channel 4 'Living and Growing' series, alongside information from the class teacher. The teaching materials are age appropriate and suit the emotional maturity of the pupils. The teachers aim to present the materials in an objective, balanced and sensitive manner and parents and carers are welcome to view the materials, we will be holding a meeting for parents at 2.30 pm on Thursday 6<sup>th</sup> May to discuss our SRE programme. However, if you are unable to attend but wish to see the materials or discuss the content of the SRE programme of study then you are welcome to arrange a time to come into school for this purpose. If you have any further questions please see your child's class teacher.

A summary of the SRE programme is attached for your information. As parents you can withdraw your child from our SRE programme and if you wish to do so please write to your child's class teacher.

Many thanks,

PSHE Co-ordinator.

## Sex and Relationships Education

Year Group	Topic Covered
<b><u>Year 1 and 2</u></b>	<p>Me, myself others, growing from young to old, correct terminology for body parts, people who help us, friends</p> <p>Birth of animals, new babies, our changing world, touches, good and bad.</p>
<b><u>Year 3 and 4</u></b>	<p>Personal growth, changes and reproduction, my changing body, my changing feelings and emotions, birth of a baby.</p> <p>Personal safety, relationships, hygiene, self respect, good secrets and bad secrets, Touches – good and bad, personal space.</p> <p>Families, Respect for others and challenging stereotypical bullying e.g. homophobic name calling.</p>
<b><u>Year 5 and 6</u></b>	<p>Relationships, Different types of relationships, what makes a good relationship, resolving relationship problems, same sex relationships, family arguments, stepping stones in relationships, support systems.</p> <p>Building self esteem, how emotions change during puberty, sexual intercourse and contraception, giving birth and parenting, seeking advice and help, personal safety, Keeping safe, STI's including HIV and Chlamydia.</p>

Unit	Programme	Name of Programme	Aims	Vocab
1	1	Differences	<ul style="list-style-type: none"> <li>To introduce children to lifecycles</li> <li>To explore differences between male and female</li> <li>To enable children to reflect on differences between male and female other than physical differences</li> </ul>	Baby, boy, clitoris, difference, female, male, man, penis, sex parts, vagina, women
1	2	How did I get here?	<ul style="list-style-type: none"> <li>To explain that a baby develops inside its mother's womb and both male and female sex parts are needed to make a baby</li> <li>To enable children to reflect on their development from babies</li> <li>To inform children about conception and the growth of a baby in the womb</li> </ul>	Breast, fertilisation, foetus, hospital, ovaries, penis, pregnant, testicles, vagina, womb
1	3	Growing Up	<ul style="list-style-type: none"> <li>To show that we grow and change as do all living things</li> <li>To show that some changes are social, that we become more independent and able to think about others as well as ourselves</li> <li>To look at identity and self esteem and reinforce the belief that we are all special</li> </ul>	Baby, birthday, cake, celebrate, change, child, growing up, living, parent, party, special, suckling, teenager and toddler
2	4	Changes	<ul style="list-style-type: none"> <li>To introduce children to physical and emotional changes that occur during puberty</li> <li>To consider some of the changes over which we have no control and the choices we can make concerning those over which we do have control</li> </ul>	Clitoris, egg, ovaries, penis, period, puberty, scrotum, menstruation, sexual relationship, sperm, testicles, vagina