

# Pembrokeshire Catering Services Secondary School Cafeteria Price List 2020/21



## FOOD ZONE

## Pupil Meals

### Traditional Meals

● Roast dinner	£2.69
● Meat Dishes	£1.68
● Pasta Dishes	from £1.44
● Vegetarian Dishes	£1.50
● Fish Dishes	£1.56
● Freshly Made Soup with Roll	£1.44
● Cawl, Bread and Cheese	£1.64
● Cold meats (ham, turkey) per slice	61p
● Portion of Quiche	£1.23

### Freshly Filled Breads

● Sandwiches	from £1.55 & £1.70
● Freshly filled baps	£1.79
● Freshly filled baguettes	from £1.80 & £1.95
● Flour tortilla wraps	£1.72
● Freshly filled roll	£1.35
● Freshly filled flatbreads	£1.72
● Freshly Filled Bagels	£1.72
● Toasted panini	£1.98
● ½ Toasted sandwich	68p
● Plain bread roll	26p
● Hot Filled Wraps	£1.90
● Freshly made Garlic Bread	51p

### Potatoes/Pasta/Rice

● Jacket potato from	99p
● Filled Jacket Potato from	£1.38
● Chicken/BBQ Pork and Chips	£2.05
● Chicken Wings	51p
● Boiled / Creamed potatoes	51p
● Garlic potatoes	£1.06
● New potatoes	56p
● Chipped potatoes	£1.23
● Rice/pasta	76p
● Herb/Wedge Potatoes	£1.23
● Potato Waffle	35p
● Mini Potato Waffle	11p

### Vegetables/Salads

● Salad box small	from £1.08
● Salad box large	from £1.62
● Baked beans	56p
● Vegetables of the day	51p
● Cheese portion	61p

### Hot Snacks

● 4oz Welsh beef burger in a roll	£1.64
● Beef/Chicken burger or BBQ Pork in a roll	£1.64
● Slice of bacon	56p
● Sausage roll	76p
● Sausage	52p
● Pizza wedge	from £1.16
● Pasta pot	£2.16
● Fish finger x 2	44p
● Fish goujon	52p
● Large Yorkshire Pudding	99p

### Desserts

● Cold pudding/cakes	82p
● Hot pudding and custard	94p
● Bowl of custard	37p
● Yoghurts	from 64p
● Freshly Made Cookies	64p
● Homemade biscuits	54p
● Muffins	76p
● ½ Tea cake	33p
● Cracker, cheese and grapes	99p
● Sweet Waffle with sauce	86p
● Fruit Juice Ice Lolly	82p
● Whippy Ice Cream	£1.14

### Fruit

● Fresh fruit salad box	£1.09
● Seasonal fruit	51p
● Bowl Fresh fruit salad	£1.09
● Filled box of Melon/Grapes	£1.09
● Melon wedge	64p
● Fruit bags	81p

### Beverages

● Milk -1 pint	64p
● Milk - 1/3 pint	37p
● Milkshake S	82p
● Milkshake L	£1.09
● Still water	from 47p & 62p
● Smoothies	£1.04
● Various fruit based drinks	from 26p
● Slush Drink	£1.04

### Miscellaneous

● Sauce portion	11p
● Curry sauce	56p
● Butter/flora portion	5p
● Gravy	18p

● Stop and think

● Choose wisely

● Go for it