



Pembrokeshire County Council
Cyngor Sir Penfro

Inclusion Service



Additional Learning Needs (ALN) Learning Resources List for Schools and Families

Here is a list of links and Apps which may be of use in schools and in the home when educating and supporting a pupil with ALN in these difficult times. These sites have been looked at and deemed useful for ALN support, but please ensure you check the content before use. We hope this helps a little.

Please contact Claire Bullock at claire.bullock@pembrokeshire.gov.uk if you require any support or have any concerns relating to resources or supporting pupils with ALN . You can also email SpLD.Enquiries@pembrokeshire.gov.uk if you have queries relating to Specific Learning Difficulties.

<https://resources.pembsinclusion.service.wales/resources/>

There are a range of resources that can be found at the Pembrokeshire Inclusion service site for SpLD, ASD and sensory processing

<https://www.sunshine-support.org/covid-19-downloads>

Supporting children with learning disabilities/ASD coping with COVID and social isolation, includes social story

Internet Safety

<https://www.thinkuknow.co.uk/>

Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline.

Autism

<http://www.autismtoolbox.co.uk/resources>

This provides a range of free resources which will support practitioners and autistic learners and their families.

<https://researchautism.org/resources/>

OAR publishes and provides resources to support families, educators, and clinical professionals.

www.autistica.org.uk/get-involved/molehill-mountain-app

Molehill Mountain is a free app to help autistic young people understand and self-manage anxiety

www.do2learn.com

General Educational Resources (Social Skills; Emotion Regulation; etc.)

<https://goboardmaker.com/pages/activities-to-go>

Free, printable activities and visuals for students in K-12.

ASD and ADHD

<https://chatterpack.net/>

This site has free resources to support children with ADHD and autism including workbooks about transition and emotions.

Speech and Language

<https://www.leedscommunityhealthcare.nhs.uk/our-services-a-z/speech-and-language-therapy2/speech-and-language-therapy-toolkit/>

The Speech and Language Therapy Toolkit contains advice, activities and general resources to help with the development of children and young people's speech, language and communication skills. The sections include: Attention and Listening, Play, Early Communication, Understanding Language, Expressive Language, Speech, and Social Skills and Interaction.

I Pad Apps

[The Speech and Language Store LLP.](#)

This app covers a range of language targets including early vocab, verbs, pronouns, categories and following word level instructions. It is aimed for younger children and has a lite version for free or minimum £1 charge. Interactive fun with Spingo the alien.

The phonics Studio. GrasshopperApps.com

This is a speech app. A range of sounds within words in pictures with audio. An interactive app with the function to record and play back and ability to add your own word, picture and audio.

Fun with verbs and sentences. Hamaguchi Learning and Development.

Create subject, verb, object phrases from choices given in pictures. Play the visual of the created phrase and record it to listen to.

Dyslexia

<https://www.bdadyslexia.org.uk/advice/children/how-can-i-support-my-child>

Anxiety and Wellbeing

<https://childmind.org/>

Online resource for children's mental health information including ALN and sensory processing information

<https://www.mindmoose.co.uk/parents/>

Mind Moose is a fun, online platform that helps to support good mental wellbeing in children aged around 7-12.

www.positivepenguins.com

Fun educational app developed for children to help them understand why they feel the way they do and help them challenge their negative thinking.

www.smilingmind.com.au

Smiling Mind is a unique tool developed by psychologists and educators to help bring balance to your life.

[Headspace App](#)

A meditation app to help develop better focus, decrease stress and become less reactive to anxiety

[Stop, breathe, think App](#)

Mindfulness App that prompts you to input how you are feeling. Select your mood and the app suggests yoga sequences, meditations and acupuncture to help

Other Resources

<https://www.twinkl.co.uk/blog/how-to-utilise-twinkl-during-the-coronavirus-shutdown-a-guide-for-schools>

Online educational publishers, [Twinkl](#), have offered parents free access to all its resources for a month to support continued learning at home. All you need to do is enter UKTWINKLHELPS to get started.

<https://www.bbc.co.uk/bitesize>

An excellent online resource that provides students help with revision and learning. Here you will find a number of free videos, step-by-step guides, activities and quizzes by level and subject on every subject for students aged from three to 16 and over.

<https://www.bbc.co.uk/teach>

Home to thousands of free curriculum-mapped videos, arranged by age-group and subject.

<https://www.bbc.co.uk/teach/supermovers>

BBC Super Movers Maths & Literacy to music and dance for FP & KS2

<https://www.activityvillage.co.uk/>

For those of you who enjoy making crafts with your child at home, this is a resource for ideas and templates to develop creativity at home.

<https://sites.google.com/bridgend.ac.uk/alnhomeschool>

This site is designed to benefit parents and carers of young people who have additional learning needs who may have to be home schooled during the Covid-19 outbreak. Lots of links to sites



Take Care everyone !