



Weekly Newsletter - Monday 5th October 2020

Before the school went into lockdown last academic year, we consulted with parents and children about implementing The Daily Mile in our school. I'm pleased to say that it was positively received and so, from tomorrow, we'll be starting it in our afternoon sessions from Reception to Year 6. Every class will be going outside each day in the fresh air to run, jog or initially walk at their own pace for 15 minutes. It is not competitive though some will compete and that is fine. Most children will average a mile in the 15 minutes, with some doing more and some doing less. It is not PE, sport or cross-country but physical activity in the social setting of the break time which is aimed at improving the children's physical, social, emotional and mental health, and wellbeing. It's vitally important these days that we do all we can to keep our children's health and well-being in the best shape it can be and having fun and being active with friends is important.

The children run in their ordinary school clothes with trainers being ideal but not essential. It can help children to focus and concentrate in the classroom making them more learning-ready. Most importantly, the children really enjoy it. Please make sure that your child brings a coat with them to school as they will only not be going out to complete the Daily Mile if there is heavy rain or it is icy under foot. The classes will not be mixing to ensure that the class 'bubble' is kept in tact.

On the back of this newsletter you'll find a competition for the children and parents to enter to help us to celebrate the harvest and say 'thank you'. Due to the local lockdown and social distancing requirements, we won't be able to hold our traditional harvest service in the church which is disappointing for everyone. I hope that you'll help your child to get involved, and join in yourself if you'd like to.

Tai Tarian is creating green spaces for wildlife to thrive by planting trees and wildflowers in local communities. They are running a competition to create a sign to put on their land to show where wildlife is thriving. The sign needs to be bright and colourful, featuring images of wildlife and a catchy slogan. They'd love to have bees, bugs and trees included in the logo if possible! The winning idea will be turned into a professionally designed sign and displayed on the land around Neath Port Talbot. The winner will be presented with a wildlife garden pack for our school which the winning pupil will get to use with a group of their choice from their class! Entries need to be emailed by Tuesday 3rd of November to community@tairarian.co.uk and need to have both their name and the name of the school in the email. Good luck!

T. Richards
Headteacher



HIGH
TEMPERATURE



NEW
PERSISTENT
COUGH



LOSS OF
SMELL



LOSS OF
TASTE

- Staff member or pupil got symptoms of COVID-19? Don't attend the school. Stay home and self-isolate, arrange a COVID-19 test and notify the school.
- Family/household member got symptoms of COVID-19? Don't attend the school. Stay home and self isolate.
- If your child's test comes back positive, please let us know by scanning the QR code or visiting www.npted.org/melinprimary 'returning to school' page

