



Acle St Edmund C of E Primary School

Anti-Bullying policy

**School Council
2020**

A policy is a written down agreement so that everyone understands what bullying is and how we can work together to stop it.

The school council met and worked together to create this policy.


They have shared it with;

- Mr Henery
- All the children
- Teachers and TA's
- Lunchtime supervisors
- Governors
- Parents

We all agree that we will use the policy to make sure that there is no bullying at our school.

There are lots of different kinds of bullying.

- Bullying is when someone is made to feel scared, worried and bad about themselves
- Bullying could be by one person or a group of people
- Bullying could come from someone the same age as you, older or younger
- Bullying is when the unkind behaviour keeps on happening over and over again



What does bullying look like?

When someone tells other people to be unkind to some one else

Making threats

Taking someone's things and hiding them

Kicking, hitting, pinching when no grown up is looking

Laughing at the way some one looks or how they dress

Sharing photographs online without asking

Calling names

Sending horrible messages

Leaving someone out on purpose

Lots of people against one person

Here are some examples we thought of:



Someone who is being bullied can feel lots of different things. Not every one feels the same.

“Unsure”

“Angry”

“Hurt inside
and out”

“They feel like
they have no
friends”

“Alone”

“Scared”

“Not want to
come to
school”

**What does
bullying feel like?**

“They might
become shy”

“Afraid”

“Heart broken”

“They might
lose self
confidence”

“They think
that they did
something
wrong”

“Not want to
tell anyone”



Fear



Guilt



Anger



Shame



Sadness



Pain

The bully is not just a bully, they are a person too. There are all kinds of reasons why people might bully others. Here are some of our ideas:

- Someone might have done something to them, so they are doing it to someone else
- They want to feel powerful and in control
- Someone might have encouraged them to do it
- They might be jealous
- They think it's cool
- They are trying to impress people
- Maybe they think they'll be popular
- It could be payback
- It might be something from home, like the way they have been brought up

Bullying is NEVER ok. We will all work together to make it stop!

Spot it

We all know what bullying looks like and how it feels. We can recognise if it is happening to us or to some one we know.

Speak it

We will tell some one if we are being bullied, or know some one who is.

Stop it

Adults and children will work together to make the bullying STOP.

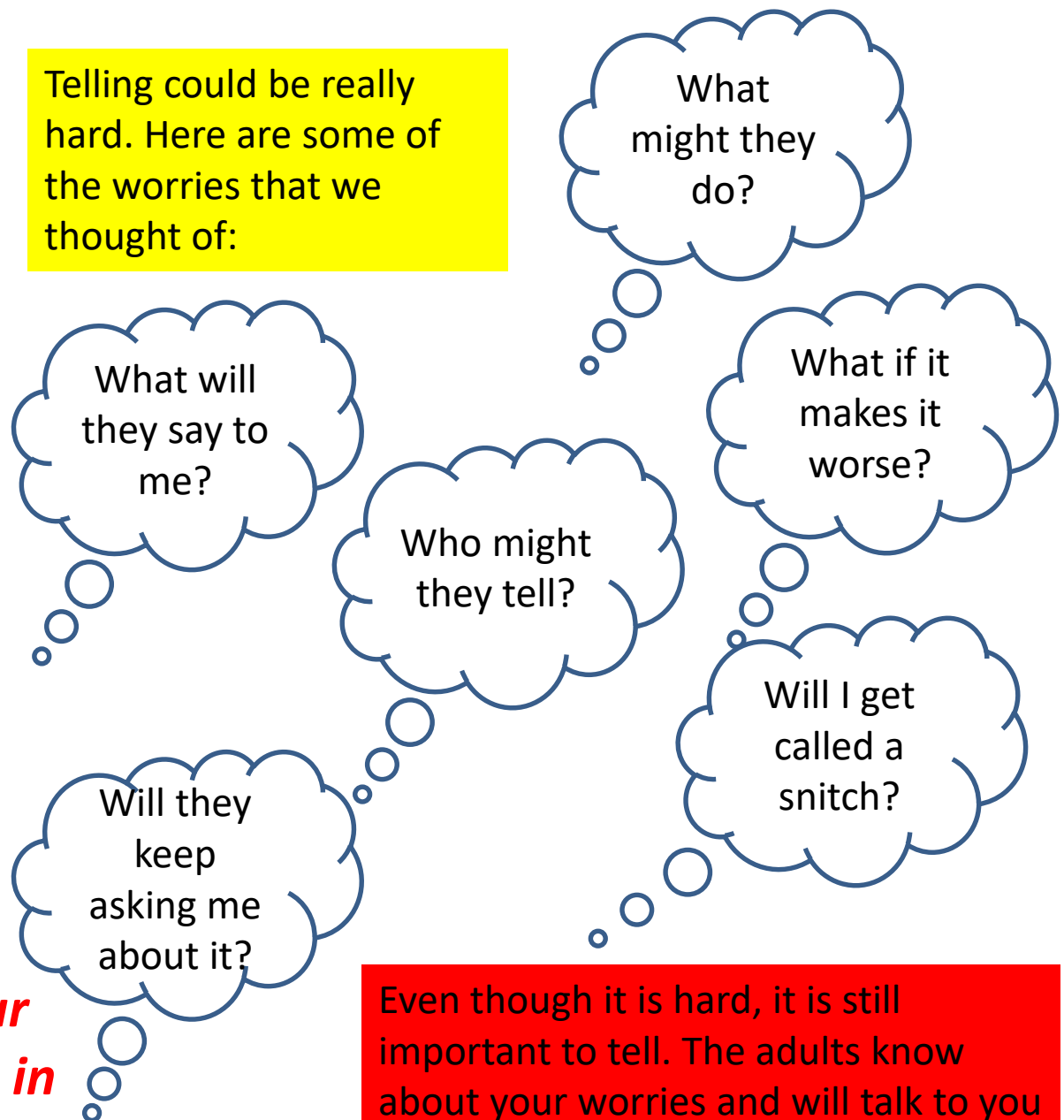
Telling someone is really important. You could tell:

- Mum
- Dad
- Nanny or Granddad
- A buddy
- A friend's mum
- A teacher
- A TA
- A lunchtime supervisor.
- A friend

Or anyone else you trust.

Remember, it's not your fault and you won't be in trouble

Telling could be really hard. Here are some of the worries that we thought of:



Even though it is hard, it is still important to tell. The adults know about your worries and will talk to you about them.

These are the people who will be involved and work together to make the bullying stop:

- You
- Your parents
- Mr Henery
- Your teacher

There may be other people who need to know too, including other children, to protect you and keep you safe. The adults will talk to you about who needs to know.

Adults will

- **Listen to you**
- **Talk to you and explain what will happen**
- **Talk to the bully or bullies, who will have fair consequences for their behaviour**
- **Make a plan so the bullying stops**
- **Make changes so that it can't happen again**
- **Make sure you have some one to talk to**
- **Keep checking that you are safe**