



We all want to keep ourselves, our friends and family happy and safe. As well as keeping to our usual Golden Rules, here are some ways to help you do just that.....

- Wash your hands with soap and water and count to 20 or sing the happy birthday song;
 - when you arrive at school,
 - before snack and lunch
 - when you've used the toilet and
 - whenever you are told to.
- Try not to touch your face.
- Cough into your elbow, not into the air.
- Sneeze into a tissue, then put it in the bin.
- Don't drink from taps or water fountains.
- Don't touch or share anyone else's water bottle, food or drink.
- Don't chew pencils, pens or put things in or near your mouth.
- Stay in your classroom seat unless told to move
- Don't bring toys or pencil cases into school.
- Only use your own classroom equipment.
- Stay in your bubble unless told otherwise
- Listen carefully and always follow all adults' instructions, in class and when moving around school.



Always remember

- You can always speak to an adult if you are worried about anything.
 - It is important to let an adult know if there is a problem.
 - Tell an adult straight away if you feel unwell..

**We want everyone at our school to
be happy, healthy and safe**