

# INSIDE OUT PROJECT

Our Inside Out project has been running for over 20 years and was set up in partnership with National Autistic Society.

It takes young people (aged 8-16 years) on the Autistic Spectrum and their siblings on a variety of monthly trips and activities that aim to challenge the perception of what young people with Autism can do.

The project is run by trained and supported university student volunteers and is funded by BBC Children in Need.

Young people can be referred by professionals or can self refer. They will need to complete a Discovery consent form and will then be contacted and invited along to the next trip.



For more information:

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