

Ysgol Crug Glas

	Week 1	Week 2	Week 3
Monday	Meat Balls Creamed Potatoes Baked Beans or Peas Chocolate Sponge & Sauce	Cheese & Potato Pie Boiled Potato, Baked Beans or Broccoli Apple Crumble & Custard	Chicken Fillets Creamed Potatoes, Broccoli & Carrots Mandarin Gateaux
Tuesday	Homemade Cawl Creamed Potatoes, Green Beans or Mixed Vegetables Welsh Cake	Turkey Casserole or Turkey Tikka with Rice Creamed Potatoes, Carrots & Peas Chocolate Chip Cookie	Homemade Cawl Creamed Potatoes Carrots Fruit Trifle
Wednesday	Pasta Bolognaise Pasta Shells Creamed Potatoes, Peas Eves Pudding & Custard	Baked Sausages & Gravy Creamed Potatoes, Mixed Vegetables or Swede Chocolate Sponge & Sauce	Corned Beef or Egg & Cheese Creamed Potatoes, Baked Beans or Mixed Vegetables Blackberry/Apple Crumble & Custard
Thursday	Roast Turkey & Gravy Roast & Creamed Potato Green Beans or Carrots Yoghurt & Mini Biscuit	Shepherds Pie & Gravy Roast & Creamed Potatoes Carrots or Cauliflower Ice Cream & Topping Sauce	Roast Pork & Gravy Roast & Creamed Potatoes Cabbage or Carrots Rice Pudding
Friday	Oven Baked Fish Chipped or Creamed Potatoes Spaghetti Rings or Mushy Peas Bananas & Custard	Fish Fingers Chipped or Creamed Potatoes Peas or Baked Beans Yoghurt & Mini Biscuit	Oven Baked Fish Chipped or Creamed Potatoes Peas or Baked Beans Feather Iced Sponge

*Fresh Fruit, Cheese and Biscuits are offered daily as an option to dessert.
Water, Squash or milk is served with every meal. Vegetarian Option is available daily.*