Year 4 – Week 11 Home Learning –06/07/2020

Hi everyone.

Please send Maths, Science and mindfulness to Miss Jones: [**jonest499@hwbmail.net**](mailto:jonest499@hwbmail.net)

Please send you Iaith and Mantle work to Miss Edwards: [**edwardsS490@hwbcymru.net**](mailto:edwardsS490@hwbcymru.net)

Or send it over Facebook where we will both see it.

Everyday Activities

Reading- this is really important, even if it’s only 5 minutes a day!

TT Rockstars

Physical Activity – Joe Wicks, Oti Mabuse Dance lessons etc.

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|  | Iaith | Maths | | Other Curriculum Areas | |
| Monday | **Iaith – This week we will look at some reading comprehension. A sheet per day.**  **Guided Reading Groupings**  **Green – The Discovery**  **Blue – African Emergency**  **Red – Olympic Glory** | | Textbook pages  Coordinates- along the corridor, up the stairs (across, up) (3, 4) | | Mantle- Fact sheet about coral reef |
| Tuesday |  | <https://nrich.maths.org/6280>  Or Google search ‘n rich 8 hidden squares’ | | Science- Ask children to think about where (or whether) the Sun shines into the classroom or room at home in the same place all through the day. Ask children whether it follows the same pattern every day and suggest they observe it every sunny day over a period of two weeks.    **Introduce the skill –**  Ask pupils to think of a way of recording their observations *eg by putting stickers on the window at the same time each day or by making sure an object is always in sunlight.*At the end of the period question children about observations and whether the Sun appears to move in a regular way.    **Practise the skill –**  Take the children outside on a sunny day and ask them to mark the direction their shadow is pointing in and the direction of the Sun. Remind them of the dangers of looking at the Sun.  Ask children to explain what these marks show.  Mark south, east and west in relation to it.  At regular times *eg 9.00, 12.00, 15.00*over a period of several days mark the direction and length of the shadow and the direction of the Sun. | |
| Wednesday |  | Week 28 Homework sheet | | Mindfulness  Back-to-back breathing  Sitting tall, with their back resting against a partner’s back, begin the mindful breathing- each person puts both hands on their own belly.  Close their eyes, or look down to their hands.  3 slow deep breaths in and out to see if they can feel their hands being moved.  Think about how the breath feels, answering the following questions silently, in their mind. – What is moving your hands? Is it the air filling your lungs? – Can you feel the air moving in through your nose? – Can you feel it moving out through your nose? – Does the air feel a little colder on the way in and warmer on the way out? – Can you hear your breath? – What does it sound like?  Encourage child to notice their partner’s breath. – Is it shallow or deep? – Fast or slow? – Can they feel their partner’s back moving as they breathe?  After a little while, children may find that their breath falls into sync with their partner. Or it may not! These are all talking points for bringing awareness to the breath, in the present moment. | |
| Thursday |  | Problem Solving Investigation- we will try to complete this one in class on whichever day they are in | | Welsh- reading comprehension of poem | |
| Friday |  |  | | ICT- create a Powerpoint (Hwb- and send it to me, or tag me in it. Office 365)  Show me your Science from this week…include photos and explanations (you need to say how or why something happens) of what you have found. | |