heart beats per minute recording sheet

|  |  |  |
| --- | --- | --- |
| **Minute** | **Beats in 15 seconds** | **Beat per minute** |
| 0 |  |  |
| 2 |  |  |
| 4 |  |  |
| 6 |  |  |
| 8 |  |  |
| 10 |  |  |
| 12 |  |  |
| 14 |  |  |
| 16 |  |  |
| 18 |  |  |
| 20 |  |  |
| 22 |  |  |
| 24 |  |  |
| 26 |  |  |
| 28 |  |  |
| 30 |  |  |
| 32 |  |  |
| 34 |  |  |

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_