

Ysgol Bae Baglan

Week 1 Menu - Autumn Term

2019

Weekday	Lunch - Main Meal	Lunch - Sides	Dessert
Monday	Pork Sausages & Creamed Mash Potatoes	Selection of Vegetables and/ or Salad	Artic Roll & Fresh Fruit
Tuesday	Creamy Chicken Korma, Wild Rice & Naan Bread	Selection of Vegetables and/ or Salad	Fruit Crumble and Custard
Wednesday	Roast Beef, Gravy & Yorkshire Pudding	Selection of Vegetables and/ or Salad	Fruit or Yogurt
Thursday	Spaghetti Bolognaise & Garlic Bread	Selection of Vegetables and/ or Salad	Coconut Cookie & Fruit
Friday	Cod Fish Fingers, Chips & Spaghetti Hoops	Selection of Vegetables and/ or Salad	Coconut Cookie & Fruit

Also Available Daily - Pasta, Selection of Breads, Fruit, Water, Milk

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Week 2 Menu - Autumn Term

2019

Weekday	Lunch - Main Meal	Lunch - Sides	Dessert
Monday	Frikadellen & Herbed Potatoes	Selection of Vegetables and/ or Salad	Fruit Sponge & Custard
Tuesday	Minced Beef Pie, Creamed Potatoes & Gravy	Selection of Vegetables and/ or Salad	Ice Cream & Fruit
Wednesday	Roast Chicken Fillet Gravy & Yorkshire Pudding	Selection of Vegetables and/ or Salad	Fruit or Yogurt
Thursday	Meatballs in Tomato & Basil Sauce served with Pasta	Selection of Vegetables and/ or Salad	Fruit Jelly and Cream
Friday	Salmon Fishcakes, Chips & Beans	Selection of Vegetables and/ or Salad	Chocolate Sponge & Pink Sauce

Also Available Daily - Pasta, Selection of Breads, Fruit, Water, Milk