



# Foundation Phase Long-term Planning

Year Group/Class: **FP**

Teacher: **LT/RW**

Cycle: **1**

Term: **Autumn 2019**

## 4 Purposes

- The development of social and team-working skills will enable them to become **ambitious, capable learners, ready to learn throughout their lives.**
- Through developing the skills to talk about challenging ideas relating to emotions and relationships, they will further develop as **enterprising, creative contributors, ready to play a full part in life and work.**
- They will learn how to become **ethical, informed citizens of Wales and the World.**
- They will develop skills and dispositions that enable them to become **healthy, confident individuals ready to lead fulfilling lives as valued members of society.**

## Health and Wellbeing

Understanding the factors that affect physical health and well-being, such as a balanced diet, physical activity, personal care and hygiene, sleep, and protection from infection.

Developing relationships and work collaboratively through team games.

## Expressive Arts

Creative movement and dance as a physical activity

Developing gross and fine motor skill to support participation in art forms.

Developing relationships through collaborations to create art.

## Science and Technology

Biological aspects of growth and development.

The biology of physical health and wellbeing (including impact of disease and physical activity.)

Exploring relationships in an online context.

# Healthy, Happy Me!

## Mathematics and Numeracy

Measuring distance, weight and time.

Counting sequences of numbers, forwards and backwards from different starting points.

Exploring patterns and sequences.

Investigating and collecting data, keeping simple records and presenting data in non-digital and digital methods.

## Languages, Literacy and Communication

Communicating and expressing emotions in relationships.

The importance of communication in developing and maintaining relationships.

Using literature to explore relationships.

## Humanities

Elements of citizenship can be developed through respecting rules and fair play in team games.

Environmental factors that affect health and wellbeing.

Developing relationships in supporting citizenship.

Understanding of rights, respect and equity.

## Religious Studies

Value – Thankfulness

Harvest

Judaism