Parent Guide–Jolly Phonics Actions

Jolly Phonics letter sounds are taught in 7 different groups, through songs, actions and pictures. For more information or to hear the letter sounds being pronounced please visit the website: www.jollylearning.co.uk free resources are available to download.

Group 1

s  Weave hand in an s shape, like a snake, and say ssssss.

a  Wiggle fingers above elbow as if ants crawling on you and say a, a, a.

t  Turn head from side to side as if watching tennis and say t, t, t.

i  Pretend to be a mouse by wriggling fingers at end of noise and squeak i, i, i.

p  Pretend to puff out candles and say p, p, p.

n  Make a noise, as if you are a plane – hold arms out and say nnnnnn.

Group 2

ck  Raise hands and snap fingers as if playing castanets and say ck, ck, ck.

e  Pretend to tap an egg on the side of a pan and crack it into the pan, saying eh, eh, eh.

h  Hold hand in front of mouth panting as if you are out of breath and say h, h, h

r  Pretend to be a puppy holding a piece of rag, shaking head from side to side, and say rrrrrr.

m  Rub tummy as if seeing tasty food and say mmmmmm.

d  Beat hands up and down as if playing a drum and say d, d, d.

Group 3

g  Spiral hand down, as if water going down the drain, and say g, g, g.

o  Pretend to turn light switch on and off and say o, o, o, o.

u  Pretend to be putting up an umbrella and say u, u, u.

l  Pretend to lick a lollipop and say l, l, l, l, l.

f  Let hands gently come together as if toy fish deflating, and say f, f, f, f, f.

b  Pretend to hit a ball with a bat and say b, b, b.
**Group 4**

- **ai**
  Cup hand over ear and say ai, ai, ai

- **j**
  Pretend to be jelly wobbling on a plate and say j, j, j.

- **oa**
  Bring hand over mouth as if you have done something wrong and say oh!

- **ie**
  Stand to attention and salute, saying ie ie.

- **ee or**
  Put hands on head as if ears on a donkey and say eeyore, eeyore.

**Group 5**

- **z**
  Put arms out at sides and pretend to be a bee, saying zzzzzz.

- **w**
  Blow on to open hand, as if you are the wind, and say wh, wh, wh.

- **ng**
  Imagine you are a weightlifter, and pretend to lift a heavy weight above your head, saying ng…

- **v**
  Pretend to be holding the steering wheel of a van and say vvvvvv.

- **oo**
  Move head back and forth as if it is the cuckoo in a cuckoo clock, saying u, oo; u, oo

**Group 6**

- **y**
  Pretend to be eating a yoghurt and say y, y, y.

- **x**
  Pretend to take an x-ray of someone with an x-ray gun and say ks, ks, ks.

- **ch**
  Move arms at sides as if you are a train and say ch, ch, ch.

- **sh**
  Place index finger of lips and say sh sh sh.

- **th th**
  Pretend to be naughty clowns and stick out tongue a little for the th, and further for the th sounds (this and thumb).

**Group 7**

- **qu**
  Make a duck’s beak with your hands and say qu, qu, qu.

- **ou**
  Pretend your finger is a needle and prick thumb saying ou, ou, ou.

- **oi**
  Cup hands around mouth and shout to another boat saying oi! Ship ahoy!

- **ue**
  Point to people around you and say you, you, you.

- **er**
  Roll hands over each other like a mixer and say er er er.

- **ar**
  Open mouth wide and say ah, as if you are at the dentist.