

## Advice Sheets

[www.asdinfoales.co.uk](http://www.asdinfoales.co.uk)

ASD info Wales have many useful advice sheets for parents. Please find appropriate links below:

Website Link	Description
<a href="https://www.asdinfoales.co.uk/resource/Advice-sheet--behaviour-programmes-for-a-child-with-an-ASD.pdf">https://www.asdinfoales.co.uk/resource/Advice-sheet--behaviour-programmes-for-a-child-with-an-ASD.pdf</a>	Developing behaviour programmes for children with Autism
<a href="https://www.asdinfoales.co.uk/resource/advice-sheet--identifying-triggers-of-challenging-behaviours.pdf">https://www.asdinfoales.co.uk/resource/advice-sheet--identifying-triggers-of-challenging-behaviours.pdf</a>	Identifying triggers of challenging behaviours
<a href="https://www.asdinfoales.co.uk/resource/advice-sheet--Using-an-ABC-Chart-to-Identify-Triggers-of-Challenging-Behaviours-in-Children-with-Autismpdf.pdf">https://www.asdinfoales.co.uk/resource/advice-sheet--Using-an-ABC-Chart-to-Identify-Triggers-of-Challenging-Behaviours-in-Children-with-Autismpdf.pdf</a>	Using an ABC Chart to identify triggers
<a href="https://www.asdinfoales.co.uk/resource/advice-sheet--Using-an-ABC-Chart-to-Identify-Triggers-of-Challenging-Behaviours-in-Children-with-Autismpdf.pdf">https://www.asdinfoales.co.uk/resource/advice-sheet--Using-an-ABC-Chart-to-Identify-Triggers-of-Challenging-Behaviours-in-Children-with-Autismpdf.pdf</a>	Blank ABC Chart
<a href="https://www.asdinfoales.co.uk/resource/Advice-sheet--morning-routines.pdf">https://www.asdinfoales.co.uk/resource/Advice-sheet--morning-routines.pdf</a>	Morning Routines
<a href="https://www.asdinfoales.co.uk/resource/Advice-Sheet--Reward-Programmes.pdf">https://www.asdinfoales.co.uk/resource/Advice-Sheet--Reward-Programmes.pdf</a>	Reward Chart
<a href="https://www.asdinfoales.co.uk/resource/advice-sheet--sleep.pdf">https://www.asdinfoales.co.uk/resource/advice-sheet--sleep.pdf</a>	Sleep
<a href="https://www.asdinfoales.co.uk/resource/Advice-sheet--toilet-traning-eng.pdf">https://www.asdinfoales.co.uk/resource/Advice-sheet--toilet-traning-eng.pdf</a>	Toilet training
<a href="https://www.asdinfoales.co.uk/resource/Advice-sheet--using-picture-planners.pdf">https://www.asdinfoales.co.uk/resource/Advice-sheet--using-picture-planners.pdf</a>	Using Picture Planners
<a href="https://www.asdinfoales.co.uk/resource/Advice-sheet--anxiety-around-leaving-parents.pdf">https://www.asdinfoales.co.uk/resource/Advice-sheet--anxiety-around-leaving-parents.pdf</a>	Anxiety around leaving parents

# Coronavirus Resources

## Website Links to support understanding of Coronavirus

Website	Description
<a href="https://www.autism.org.uk/services/helplines/coronavirus/resources/helpful-resources.aspx">https://www.autism.org.uk/services/helplines/coronavirus/resources/helpful-resources.aspx</a>	National Autistic Society – lots of useful advice and resources  Social Story – keeping healthy  Links to anxiety UK
<a href="https://www.tes.com/teaching-resource/child-friendly-explanation-of-coronavirus-by-manuela-molina-12267168">https://www.tes.com/teaching-resource/child-friendly-explanation-of-coronavirus-by-manuela-molina-12267168</a>	Child friendly Coronavirus social animation
<a href="https://littlepuddins.ie/coronavirus-social-story/">https://littlepuddins.ie/coronavirus-social-story/</a>	The Autism Educator – The coronavirus
<a href="https://starautismsupport.com/washing-hands-supports">https://starautismsupport.com/washing-hands-supports</a>	STAR Autism Support – Handwashing resources

## Visual Resources

A visual support refers to using a picture or other visual item to communicate with a child. Visual supports can be photographs, drawings, objects, written words, or lists.

Website	Description
<a href="https://www.cht.nhs.uk/fileadmin/site_setup/contentUploads/Services/Clinical/Childrens_Therapy_services/Childrens_Therapy/Speech_Language_Therapy/CommunicationSpecialSchools/object_of_Reference_adapted_calderdaleandhudds.pdf">https://www.cht.nhs.uk/fileadmin/site_setup/contentUploads/Services/Clinical/Childrens_Therapy_services/Childrens_Therapy/Speech_Language_Therapy/CommunicationSpecialSchools/object_of_Reference_adapted_calderdaleandhudds.pdf</a>	What are objects of reference?
<a href="https://www.autismspeaks.org/sites/default/files/2018-08/Visual%20Supports%20Tool%20Kit.pdf">https://www.autismspeaks.org/sites/default/files/2018-08/Visual%20Supports%20Tool%20Kit.pdf</a>	What are visual supports?
<a href="https://do2learn.com/picturecards/printcards/index.htm">https://do2learn.com/picturecards/printcards/index.htm</a>	Do 2 Learn picture cards
<a href="https://widgionline.com/">https://widgionline.com/</a>	Free 21 day trial
<a href="https://lisanallyspecialschool.co.uk/index.php/resources/general-resources/203-school-closure-toolkit-for-parents">https://lisanallyspecialschool.co.uk/index.php/resources/general-resources/203-school-closure-toolkit-for-parents</a>	School closure kit for parents – lots of different visual resources
<a href="https://www.autism.org.uk/visualsupports">https://www.autism.org.uk/visualsupports</a>	NAS examples of visual supports

# Social Story Resources

Social stories™ and comic strip conversations can help autistic people develop greater social understanding and stay safe.

Website	Description
<a href="https://www.autism.org.uk/about/strategies/social-stories-comic-strips.aspx">https://www.autism.org.uk/about/strategies/social-stories-comic-strips.aspx</a>	What are Social Stories / Comic Strips?  How to write a Social Story
<a href="https://www.abaresources.com/social-stories/">https://www.abaresources.com/social-stories/</a>	Examples of Social Stories

## Home Learning and other useful websites:

Website Links	
<a href="http://www.cardiffandvaleuhb.wales.nhs.uk/sitesplus/documents/1143/Supporting%20Children%20with%20LD%20&amp;%20ASD%20with%20COVID%20Isolation.pdf">http://www.cardiffandvaleuhb.wales.nhs.uk/sitesplus/documents/1143/Supporting%20Children%20with%20LD%20&amp;%20ASD%20with%20COVID%20Isolation.pdf</a>	Supporting children with ASD. Contents include;  A. Structure and Routine B. Providing Easy-read Information on COVID-19 C. Looking After Yourself D. Advice from Occupational Therapy on Regulation E. Sleep Routines F. Indoor Activities G. Exercise in the Home H. Managing Behaviour
<a href="https://www.twinkl.co.uk/resources/special-educational-needs-sen/special-educational-needs-sen-communication-and-interaction/sen-autism-spectrum-disorders">https://www.twinkl.co.uk/resources/special-educational-needs-sen/special-educational-needs-sen-communication-and-interaction/sen-autism-spectrum-disorders</a>	Access to a wide range of resources to support; Emotions, social situations, relationships, turn-taking and more.
<a href="https://www.learning4kids.net/list-of-sensory-play-ideas/">https://www.learning4kids.net/list-of-sensory-play-ideas/</a>	Sensory play ideas
<a href="http://www.therapiststreetforkids.com">www.therapiststreetforkids.com</a>	Occupational Therapy ideas
<a href="http://www.childrenstherapyteam.com/wp-content/uploads/2016/01/Star-Sensory-Handout.pdf">http://www.childrenstherapyteam.com/wp-content/uploads/2016/01/Star-Sensory-Handout.pdf</a>	A practical guide for parents and service providers of children with sensory processing disorders
<a href="http://www.autismeducationtrust.org.uk">www.autismeducationtrust.org.uk</a>	General Information
<a href="http://www.asdinfo.wales.co.uk">www.asdinfo.wales.co.uk</a>	General Information
<a href="https://www.autism.org.uk/">https://www.autism.org.uk/</a>	General Information