

Information for you and your parent/guardian

The COVID-19 vaccine is being offered to all 12-15 year olds in Wales, to help protect your health and well-being.

The decision to have your COVID-19 vaccine is a choice for each individual to make.

If you have questions about the vaccine take time to look up trusted and accurate information - the NHS is always a good starting place - and chat about what you think, with your parent(s) or guardian.

You probably also have family or friends who have had their vaccine and who could chat with you about how they felt, or help answer any questions you may have.

You have to give a clear agreement (called 'consent') before any vaccination can be given - so you are in charge of what happens.

There is a lot of information out there about the COVID-19 vaccine, so please be careful to use only accurate and trusted information to help you answer any questions you may have.

Here are some trusted places for you to find out more about why you are being offered the vaccine, any side effects you might experience. They will also offer you more information about the vaccine or if you can't agree with your parent(s) or guardian on what to do:

**Public Health
Wales**



BBC



**Public Health
England**



**British Society for
Immunology**



You may still benefit from having the vaccine even if you have previously had COVID-19. If you have tested positive for COVID-19 infection in the last 28 days, you need to wait a bit longer to have your vaccine. Your first dose needs to be at least 28 days away from when you tested positive.

Whether you have the vaccine or not, please keep wearing a face mask in indoor public spaces, staying home and getting tested if you have coronavirus symptoms, and keep washing your hands regularly.