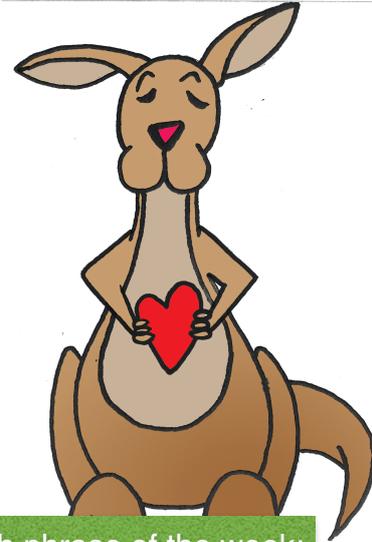


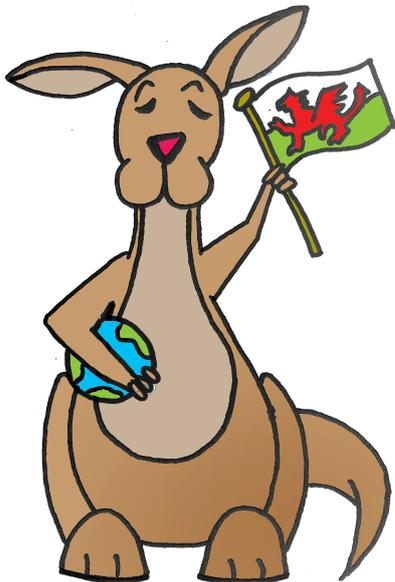


Main message of this week:

Please continue to keep yourselves and your families safe and well.
Keep to the rules of lockdown.



Welsh phrase of the week:



Heddwch ac Ewyllys Da

(hair-dd-ooch ar-k ew-ur-lliss dar)

Peace and Goodwill

Positive Mindset/Mindfulness:



Ethical

informed citizens who:

- Find, evaluate and use evidence in forming views
- Engage with contemporary issues based upon their knowledge and values
- Understand and exercise their human and democratic responsibilities and rights
- Understand and consider the impact of their actions when making choices and acting
- Are knowledgeable about their culture, community, society and the world, now and in the past
- Respect the needs and rights of others, as a member of a diverse society
- Show their commitment to the sustainability of the planet and are ready to be citizens of Wales and the world

What have you done this week to be 'ethical and informed?'

Do you clap for the NHS on Thursdays at 8pm?

Think of a message of 'peace and goodwill'.





This week we focus on your wellbeing and ensuring you are 'well informed' about ways of keeping your mind and body safe during this time.

Miss Lawlor has recorded her message this week and emphasizes the need keep to a good routine, keep safe and well.

If you are having difficulties ensure that you contact us. All the information is on the website.

As an 'ethical, informed citizen' you should use this time in lockdown to think about ways in which you could have a good impact on your community, society and family. Find out more about the work of the Urdd in Wales and look at their 'message of peace'.

Daily Routine

Although we have mentioned this every week we cannot emphasise enough the importance of a daily routine. Please do not be tempted to have sleepovers or meet up with friends. These types of activities break the rules of lockdown and put you and your family at risk of illness.

Digital resources

This week we have been delivering chrome books to pupils without access to digital devices. There are still some to be delivered on Monday. If you have any problems with your computer or internet access ask your parents to look at the school website or contact the school.

Video Message

Last week Mr Jones recorded a short video message for you. This week it is Miss Lawlor's turn. Please watch the attached PowerPoint. If it inspires you to produce a video or a PowerPoint please email your version to Miss Lawlor. Each week a member of the headship team will post a message on the website. It will be our opportunity to pass on our message to show we are still thinking of you and hope all is well.

Engagement of pupils in their academic work

This week pupils year 10 and year 12 that have failed to engage in any work have been contacted by phone. We wanted to know if they were unwell or had computer difficulties. Please try to do some work every day. Please contact your teachers if you have any problems.

Exhibition of Work

This week we have 3 exhibitions for you. Thanks to 6th form and GCSE photography and yr 7 Expressive Arts. Please enjoy watching their work. Please click on the links to view:

GCSE photography: <http://www.gowerton.com/blog/gcse-photography-portfolio-2020/>

6th form photography: <http://www.gowerton.com/blog/white-room-portfolio-2020/>

Year 7 expressive arts: <http://www.gowerton.com/blog/year-7-expressive-arts-gallery/>

Peace and Goodwill Message : <https://www.urdd.cymru/en/peace-and-goodwill/>

The Peace and Goodwill Message is unique to Wales, and has been delivered annually for 98 years by the young people of Wales addressed to young people all over the world. This year the young people of Wales have created a message responding to the corona virus pandemic. They share the desire to see the world listen and learn from this crisis, which has stopped the clock and made us think about the kind of world we want to live in. The Urdd invites us to join them on May 18th to share the important message for the young people of Wales and the World. See more information on the link and the poster below.



**Neges Heddwch ac Ewyllys Da gan
bobl ifanc Cymru 2020**

**Message of Peace and Goodwill from the
young people of Wales 2020**



Stop the Clock and Start Again

Stopio'r Cloc ac Aildechrau

Annwyl bobl y byd

Mae natur wedi ein hysgwyd -
mae'n galw arnom i ddeffro
Ry'n ni'n gwario'n ddiangen
Ry'n ni'n gwastraffu'n ddiangen
Ry'n ni'n teithio'n ddiangen

Annwyl ieuencid y byd

Nawr yw'r amser i ddiolch
Diolch i'r rheiny ar y rheng flaen
sydd wedi ein helpu i gario mlaen
A gyda'n gilydd gallwn greu dyfodol gwell
Dyfodol o edrych ar ôl ein hunain ac o eraill
Dyfodol o gofio am y llai ffodus yn ein cymunedau
Dyfodol o ofalu am y blaned
Gweithredwch

Annwyl arweinwyr y byd

Mae Coronafeirws wedi stopio'r cloc
Gwrandewch ar bobl ifanc Cymru a'r byd
yn sefyll gyda'n gilydd
Gweithredwch drwy gymryd cyfrifoldeb
dros ein dyfodol ni
Mae'r byd wedi deffro.
Nawr deffrwch chi.

**To the people of the world
Nature has shaken us - awakened us
We are spending needlessly
We are wasting needlessly
We are travelling needlessly**

**To the young people of the world
The time has come for thanks
Thank you to the front line workers
who've been our lifeline
Together we can create a better future
A future of caring for ourselves and others
A future of caring for the less fortunate
in our communities
A future of caring for our planet
It's time to act**

**Dear leaders of the world
Coronavirus has stopped the clock
Listen to the young people of Wales and
the world, standing together
Act now and be responsible for our future
The world has awoken
Now you must wake up too.**



@Urdd



@Urddgobaiithcymru



#heddwch2020



www.urdd.cymru/heddwch

Kanga Diary Week 8

Monday 11th May

Thanks to Miss Morgan Kanga had the chance to 'Just dance' today with the pupils. It was a very energetic but enjoyable activity.



Tuesday 12th May

Miss Freeman helped the group to play penalty shoot outs, walking around the woodland and a little table tennis.

Wednesday 13th May



Thanks to Miss Lloyd Kanga had a very exciting day. Look at the amazing art work and jewellery that was created! Can you do a drawing of Kanga?



Friday 14th May

Kanga made some very exciting videos!. Thanks to Mr Scandrett, Mr Davidge and Dr Hughes Kanga had an exhausting but fun day! He did a workout in the gym, climbed ropes, played table tennis and finished the day playing cricket with everyone on the school drive. We will share the videos next week in a special Kanga diary in video format! Although they are on his Instagram already.



