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## had their flu vaccine in school today



Common side effects from the nasal spray vaccine are usually mild and only last a day or two but may include:

- A stuffy or runny nose
- Headache
- Aching muscles
- Reduced appetite
- Slight temperature

If you have any questions talk to your school nurse or call NHS Direct Wales on 0845 46 47 or 111 if available in your area.

