

## Dear Parent/Guardian

NPT PASS are launching a schools Strava challenge to see which school can walk/run the most miles each week. The winning school each week will win a selection of equipment for their school.

All schools that take part over the Term will be placed into a prize draw to win £500 worth of equipment.

With the weather about to break and the evenings getting lighter this will be a great time to explore more of your local area and get some well needed fresh air with your children.

- You will need a Strava account for your Son/Daughter to take part if you already have one
  please could you <u>add your school name to your name</u> so we know who to accept in the
  groups. E.g Joe Davies nptpass primary
- If you do not have an account you can sign up for free on <a href="www.strava.com">www.strava.com</a> skip the free trial as that will charge you after the 28days and sign up for a free account.
- Strava can be recorded using a phone or by linking to a compatible sports watch.
- We encourage families to walk together but if you have more than 1 child in the school recording on 2 Strava accounts if possible will make sure both mileage is added.

## Things to Note

- Strava accounts need to be 'visible to everyone' to allow them to sync
- When recording your walk it will need to be recorded as a **RUN** otherwise it doesn't recognise it. Feel free to run if you wish though!
- During your walk/run take some pictures add them to your walk on STRAVA
- You will need to click on the link sent out by your school to join your school club group.
   https://www.strava.com/clubs/Alltwen

If you have any issues in joining the group please email <a href="m.hall12@npt.gov.uk">m.hall12@npt.gov.uk</a> and we will do our best to assist you.

Don't forget to tag us in any pictures on our social media networks #nptpassstravachallenge, we would love to see what routes you take on your walks.

Good luck and enjoy

NPT PASS Team

https://www.facebook.com/nptpass
Twitter @nptpass
Instagram - @nptpass
https://www.youtube.com/user/nptpass