**THOUGHT FOR THE DAY**

**WEEK BEGINNING MONDAY 5TH FEBRUARY 2018**

**WELLBEING TASK OF THE WEEK: SWITCH OFF ALL ELECTRONIC DEVICES 30 MINUTES BEFORE BEDTIME.**

**Key words for consideration: INTERNET SAFETY;**

**PRAYER TO BE REPEATED EACH DAY: Lord, please help us to use our knowledge wisely and to be sensitive to the feelings of others. Amen.**

1. TUESDAY 6TH FEBRUARY IS SAFER INTERNET DAY

What is Safer Internet Day?

Safer Internet Day is **celebrated globally** in February each year to promote the safe and positive use of digital technology for children and young people and inspire a national conversation.

Coordinated in the UK by the **UK Safer Internet Centre** the celebration sees hundreds of organisations get involved to help promote the safe, responsible and positive use of digital technology for children and young people.

Globally, Safer Internet Day is celebrated in over a hundred countries, coordinated by the joint Insafe/INHOPE network, with the support of the European Commission, and national Safer Internet Centres across Europe.

The day offers the opportunity to highlight positive uses of technology and to explore the role we all play in helping to create a better and safer online community. It calls upon young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers, and wider, to join together in helping to create a better internet. Get involved to play your part!

1. This is an opportunity to discuss on-line safety as a class.

Log on to the following website and explore the resources available.

<https://www.saferinternet.org.uk/advice-centre/young-people/resources-11-19s>

There are plenty of relevant resources to explore with your form group. Work through the Snapchat, Instagram and Facebook Checklists. Do the quiz to check out how safe students really are.

Check out the Resources section of Hwb – Online Friendships (Secondary). This is a series of slides which tackle issues of Internet Safety.

Discuss how you will keep yourself and your friends safe on line.