


 <p>Ambitious, capable learners who.....</p> <ul style="list-style-type: none"> • Set themselves high standards and enjoy challenges. • Question and enjoy problem solving • Undertake research • Have the skills to connect and apply the skills learned in other contexts. • Can explain the concepts and ideas that they are learning about. • Can understand how to interpret data and apply mathematical concepts. • Use ICT creatively to communicate, interpret and find out information. • Can communicate in English and Welsh. • Can undertake research and evaluate critically what they find. <p>.....so that they are ready to learn throughout their lives.</p>	 <p>Enterprising, creative Contributors who....</p> <ul style="list-style-type: none"> • Take measured risks. • Connect and apply their knowledge and skills to create ideas and products. • Think creatively to reframe and solve problems. • Identify and grasp opportunities. • Lead and play different roles in teams effectively and responsibly. • Express ideas and emotions through different types of media. • Give of their skills and energy so that other people will benefit. <p>.....so that they are ready to play a full part in life and work.</p>	 <p>Ethically informed citizens who.....</p> <ul style="list-style-type: none"> • Find, evaluate and use evidence in informing views. • Engage in contemporary issues based upon their knowledge and values • Understand and exercise their human rights and responsibilities. • Understand and consider the impact of their actions when making choices. • Are knowledgeable about their culture, community, society and the world - now and in the past. • Respect the needs and rights of others as a member of a diverse society. • Show their commitment to the sustainability of the planet. <p>.....so that they are ready to be citizens of Wales and the World.</p>	 <p>Healthy confident individuals who.....</p> <ul style="list-style-type: none"> • Have secure values an establishing their spiritual and ethical beliefs. • Are building their mental and emotional well-being by developing confidence, empathy and resilience. • Apply knowledge about the impact of diet and exercise on their physical and mental health. • Know how to find the information to keep safe and well. • Take part in physical activity. • Take measured decisions about lifestyle and managing risk. • Have the confidence to participate in performance. • Form positive relationships based on trust and mutual respect. • Face and overcome challenge. • Have the skills to manage life independently. <p>.....so that they are ready to lead fulfilling lives as valued members of society.</p>
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<p>WOW start: Treehouse Tales characters to leave messages in classroom, (tied to balloons!) at breaktime for individuals in classroom- Surprise Missions and treats!</p>	<p>HEALTH AND WELL-BEING (PSE, Learning to Learn, Relationships and Emotions, Healthy Choices, Physical Activity, Keeping Safe)</p> <ul style="list-style-type: none"> • Benefits of fresh air/ outdoors/ healthy living/making healthy choices • Create outdoor P.E sequences/circuits using variety of equipment • Internet safety • Road and beach safety • Growth mindset - Power of 'yet' • Cosmic Kids/ Go Noodle/ Supermovers/ Joe Wicks/ imoves • Self Esteem/Self confidence/ resilience/ perserverance/ independence/ interdependence. Circle Time outside,(spatially aware) • Hygiene/Self Care • Group games - taking turns etc 	<p>CELEBRATION finish: Fit and Fun Festival</p>
<p>EXPRESSIVE ARTS (Music, Art, Drama, Dance, Film and Digital Media)</p> <ul style="list-style-type: none"> • Look at the work of Welsh artists - • Role play with Faithe the fairy, making friends. • Learn and perform action songs in relation to topic, Aderyn Melyn,Dwi'n hoffi.. • Observational drawing - fruit and vegetables • Music lessons with Mr Thomas • Create a Fit and Fun song • Artists - Arcimboldo - fruit self portraits/Collage 	<p>TOPIC: Fit Fun</p> 	<p>SCIENCE and TECHNOLOGY</p> <ul style="list-style-type: none"> • Balanced diet - importance of/healthy foods • Breathing test investigation-How does exercise affect our bodies? • Teeth - Dental Hygiene - looking after our teeth • Good and bad germs - Handwashing <p>Design Technology</p> <ul style="list-style-type: none"> • Design, make a healthy sandwich. • Design a package/label/ for a piece of fruit or vegetable <p>DCF</p> <ul style="list-style-type: none"> • Create fruit/vegetable pictures using 'paint'/JIT <p>JIT-Use Jit to create pictogrammes/charts of favourite fruit/vegetables</p>
<p>MATHS AND NUMERACY</p> <p>White Rose Maths- Numeracy Place Value, (within 10/20 and beyond) Addition and Subtraction Geometry-2D Shape</p> <ul style="list-style-type: none"> • Measuring - How much does it weigh? • Bar charts/pictograms about favourite foods • Shopping -lists of prices.Healthy shopping lists and prices. • Supermovers 	<p>WELSH DIMENSION</p> <ul style="list-style-type: none"> • National sports - Rugby, football • What fruit and vegetables do we grow in Wales - crop farmers • Welsh places to get physical and mental exercise <p>HUMANITIES (History, Geography, RE)</p> <p><u>Geography</u> Foods around the world - Where do our fruit and vegetables come from? <u>SEAL</u>-New Beginnings, Getting on and Falling Out, Say No to Bullying <u>R.E</u>- Come and See <u>Domestic Church,Topic:Families</u> <u>Belonging,Topic:Baptism/Confirmation</u></p>	<p>LANGUAGE, LITERACY AND COMMUNICATION (English, Welsh and International Languages)</p> <ul style="list-style-type: none"> • Phonics - Letters and Sounds Phase2/3 • Letter formation/ handwriting <p>'Sounds' and 'letters' activities.Treehouse Tales-oracy-Introduce characters and roleplay</p> <ul style="list-style-type: none"> • Healthy Menus • Healthy Recipes-Reading instructions - recipes • Sense poems - Fruit and vegetables • Design a promotional poster for our 'Fit and Fun Festival' • Write healthy shopping lists • Listening - following instructions - brushing teeth, washing hands, recipes etc • Fiction examples: The Enormous Turnip, Eat your Peas, Oliver's Vegetables • Non Fiction examples - subject to COVID restrictions -reference books on healthy eating and exercise, , cookery books etc on whiteboard • Welsh language patterns for likes/ dislikes - fruit and vegetables. Favourite forms of exercise.

