

# ACTIVITY TIME

All these activities are related to...



You don't need to do every single activity but if you have time you can do more than one.

What does disability mean to you? Do you know anyone who has a disability? How does your school help people with disabilities? Write down a list and talk to your friends about it.

Winnie has cerebral palsy and she enjoys horse riding. Do you have any hobbies? Write a letter to tell Winnie about the hobbies that you enjoy doing and maybe you have some questions for her. Watch Winnie's story by copying this link:

[https://www.youtube.com/watch?v=4QrS\\_1dcRRM](https://www.youtube.com/watch?v=4QrS_1dcRRM)



Some children can't use their hands to do things like drawing and painting. This webpage has lots of information about artists using only their mouth or feet.

<https://www.mfpa.uk/news-events/hedgehog-tutorial-by-mouth-painter-rosie-moriarty-simmonds/>  
Have a go at painting something with either your mouth or feet.

Article 23 says that children have the right to live a "full and decent life with dignity". Do you know what dignity is? Ask someone what they think it means or look it up and talk to someone about it.