

# ACTIVITY TIME

All these activities are related to...



You don't need to do every single activity but if you have time you can do more than one.

Thoughts and beliefs are usually really important to people. Write down some things you believe in strongly. Share these with your family or discuss them with your friends.

List as many religions as you can think of. Do you know what symbols are linked with these religions? Have a go at drawing them if you can.

Food choices are really important to some people. Find out about the food rules of veganism or a specific religion. If you have the ingredients at home, why don't you have a go at making a dish with your family? Watch [this video](#) from the BBC and its humorous exploration of food and religion.



Why do you think religious buildings are important? Think of and draw a building that is important to you or make a sculpture of one of these buildings using things you can find around the house (old cereal boxes, empty toilet roll etc.). This could be a religious building like a church or a temple, or even a school or a library. Write a sentence or two about why this building is important to you.

