

# Brynmill Primary School



## Sex & Relationships Education Policy

*Being Different, Belonging together*

*Bod yn wahanol yn perthyn i'n gilydd*

*Summer 2015*

## **Brynmill Primary School Sex and Relationships Education Policy**

### **Aims and Objectives**

The aim of SRE is to help and support pupils through their physical, emotional, moral and spiritual development; to equip them with the knowledge, skills, values and understanding they need to help them develop healthy and positive relationships throughout their lives, and to develop the self esteem which will help them resist peer group pressure and make healthy, informed choices.

Effective SRE is also essential if young people are to make responsible and well informed decisions about their lives and move with confidence from childhood through adolescence into adulthood.

Relationships education is about understanding the importance of stable and loving relationships with friendship groups and the wider community. It is also about gaining knowledge and awareness of sex, sexuality and sexual health.

At Brynmill Primary School, our aims for SRE are as follows:-

- Form appropriate relationships with other children and adults.
- Know how to manage their feelings and enjoy safe, responsible and happy relationships.
- Develop respect and care for themselves and others.
- Feel comfortable communicating about relationships.
- Develop personal responsibility and resist pressure from others.
- Understand the reasons for the physical and emotional changes that take place at puberty.
- Learn about family life in all its different forms.
- Understand the importance of personal safety (to whom to go to when feeling unsafe).
- Know how to access advice and information.
- Recognise and respond appropriately to unacceptable sexual behaviour (including appropriate and inappropriate touching).

### **Rights Respecting School**

At Brynmill Primary School, we follow and keep the principles of the United Nations Convention on the Rights of the Child (UNCRC). We believe that every child in our school has the right to the 42 Articles. The Articles relevant to this policy are:-

- You have the right to life and grow up to be healthy. Article 6.
- You have the right to say what you think should happen and be listened to. Article 12.

- You have the right to information. Article 13.
- Your right to meet with friends and join groups and clubs. Article 15.
- You should not be harmed and should be looked after and kept safe. Article 19.
- Your right to good food and water and to see a doctor if you are ill. Article 24.
- Your right to become the best that you can be. Article 29.
- You should be protected from doing things that could harm you. Article 36.

## **SRE Provision**

**The school will ensure that all pupils have access to appropriate SRE.**

SRE is provided throughout the whole curriculum. Brynmill has adopted 'A Whole School Approach to Personal Development and Relationship Education' scheme. The scheme outlines ways that SRE can be incorporated in the wider curriculum and whole school ethos. Specific lesson plans and activities are also included in the scheme, which are mainly delivered by the class teacher.

Health professionals and/or other appropriate external visitors may be involved in some SRE lessons and will abide by this policy. They will also follow their own professional code of conduct when in their professional role. A teacher will always be present throughout lessons involving an external visitor.

The school places an emphasis on enabling pupils to develop the relevant attitudes, values and skills, rather than merely gaining knowledge and understanding. The "relationships" aspect is seen to be more important than the "sex" aspect. This recognises that the attitudes, values and skills have a far greater impact in determining behaviour over knowledge and understanding.

Our school's provision is devised to match the age and physical maturity of the pupils and this is reflected in our schemes of work. Teachers are responsible for tailoring provision further as necessary within their class, particularly considering the range of abilities, special needs, cultural and religious backgrounds, particular circumstances and preferred learning styles.

SRE will be delivered to mixed sex groups though lessons on menstruation will be delivered to single sex groups in order to allow pupils to ask questions that they may not feel able to ask in a mixed setting. Where single sex groups are used, both sexes will cover the same topics, no topics will be covered with just girls or just boys.

All materials used in SRE, such as videos, CD-rom, resources and books will be kept up to date and parents will be informed of the resources being used by the school.

All teachers will ensure that ground rules are established and reaffirmed regularly with their class at the start of the SRE lessons. These may be conveyed to the pupils in a manner appropriate to their age and ability but will cover the following points:-

- Personal comments or put downs are not acceptable.
- No-one (pupil, teacher, visitor) has to answer a personal question.
- No-one will be forced to participate in a discussion.
- Only the agreed terminology for body parts will be used.
- Meanings of words/phrases will be sensibly and factually explained.

Pupils will be encouraged to ask questions during SRE lessons without feeling inhibited or embarrassed in front of their peers. Sensitivity is always paramount in dealing with pupils questions and therefore pupils may not always receive immediate answers. Teachers are encouraged not to immediately answer questions if they are in doubt as to how they should answer it. It may be advisable for the teacher to:-

- Decide that they need time to consider an appropriate or correct answer to a pupil's question and will therefore need to communicate this to the pupil/class and feed back at a later time.
- Decide to answer a pupils question individually at an appropriate time rather than during the lesson – due regard given to the Child Protection Guidelines regarding pupils being alone with a teacher.
- Decide that it would be more appropriate for the child's parents to answer the question, and will therefore communicate this to the pupil and encourage them to discuss their question with a parent.

Teachers need to remember that personal questions will not be answered.

### **Transition**

The school ensures continuity and development from the Foundation Phase to Key Stage 2.

### **Parents**

As with all aspects of their child's learning, parents are encouraged to discuss sex and relationships with their child particularly following specific provision in school.

Parents are informed about the school's SRE provision and are welcome to review resources and scheme of work. Parents also retain the right to withdraw their child from the SRE aspects of PSE. Any parent wishing to exercise this right should contact the Headteacher in writing.

Parents will be informed of any proposed significant change to the school's SRE policy or provision.

## **Child Protection**

The school operates a Child Protection Policy that should be read in conjunction with this policy.

## **Inclusion**

We aim to give all our children the opportunity to succeed and reach the highest level of personal achievement. When planning their work, practitioners take into account the abilities of all of their children. (See Inclusion Policy)

## **Role of the Governors**

Governors monitor and check that the school policy is upheld and can also offer guidance where a member of the body has particular expertise in this area.

## **Monitoring and review**

The monitoring of SRE has been assigned to the PSD/E developer. The work of the developer also involves supporting colleagues in this area, being informed about current developments and providing strategic direction. In order to monitor standards and skills, the Developer will collect data and evidence in a portfolio.

<b>S.R.E Policy Reviewed and accepted by the staff</b>	Spring 2015
<b>Approved by –Curriculum Committee (date)</b>	Spring 2015
<b>Ratified by Governing Body (date)</b>	
<b>Scheduled for review</b>	Summer Term 2018 or curriculum review, whichever is sooner.
<b>Head teacher's signature</b>	
<b>Chair of Governors signature</b>	