



## **Brynmill School Drop-In** **run by Andy Langran from The Family Partnership Team**

We have recently started a Drop In at the School for Parents, Grandparents and Carers. The aim is for us to give some immediate advice and support, where possible, on any issues your Family are currently facing. The Drop In will start again after the Summer Holidays and you can make an appointment through the School to meet with Family Support Worker, Andy Langran.

***Areas we can support with include: Understanding our children's behaviour— Parenting and caring relationships— Self-esteem and confidence—Mental health—Stress and Anxiety— Education and training—Finance and Money***

This may lead you to another Agency, who can help you more directly, to one of our Family Groups or for some more in depth one-to-one support. Talk to the School if you want to find out more and make an appointment!!!