



Annwyl pawb

Who would have thought, in the morning, that Sports Day would turn out so very hot! It was great to see so many families enjoying their picnic and the fun afternoon's activities. Thank you to all the volunteers and governors for your support and to everyone for helping to tidy away at the end.



It has been a particularly active week or so for Oak Class! They had an absolutely fabulous time last week on their residential at Broneirion – taking part in activities ranging from zorb balls to canoeing, campfires to water jug challenges! Grateful thanks to Steve Davies, Mr Holland and Miss Roberts for giving up their spare time to take the children on this exciting adventure.



This week Oak Class have enjoyed learning about the history and wildlife on Brecon Canal, the dangers of drugs

with PC Skyrme and the Y6 children had a visit from the school nurse for a Sex and Relationships lesson.

The staff also had a busy time with some attending courses about improving children's mental health and resilience. On Wednesday evening we were joined for a twilight session by a trainer from Learning Through Landscapes, to support us to develop new literacy and numeracy learning opportunities in our wonderful school grounds. Not that our staff are competitive at all – but the memory of watching Miss Roberts and Miss Stephens in what appeared to be a rugby tackle over getting their hands on the winning stick will be with me for ages! Well done to the Eco Committee for being successful in their grant application that gained us this training and lots of outdoor equipment (worth about £2,000).



I am pleased to report that Mr Aldridge returned to work today. Over the next few weeks he will be teaching as follows:

Lime Class: Thursdays 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> July

Elm Class: Fridays 12<sup>th</sup>, 19<sup>th</sup> July

Year 4/5: Wednesday 17<sup>th</sup> July.

Good luck to those Y6 children on their experience days in Brecon High next week.



Finally, take care everyone over the next few days – the weekend promises to be glorious.

Regards – Judith Morris

Cool Kids @Cradoc and 3@Cradoc have now been registered for the Government Free Childcare offer. Powys County Council / Welsh Government will pay 10 hours of Foundation Phase Education and 20 hours of free childcare with Cool Kids (breakfast/ afterschool care, including holiday club). Please see the Powys website



<https://en.powys.gov.uk/article/6347/What-is-the-Childcare-Offer> regarding the offer and the criteria parents have to meet. Even if you are not eligible, please help us by passing this information on to your family, friends and work colleagues.



## SAVE THE DATE

### SATURDAY 21 SEPTEMBER 2019

We will be holding a celebration day that day. Details not yet decided and we would like your ideas please. What would you like the celebration to be? Food? Activities? Music? Day/evening? ..... If you could help either to organise before or do something on the day we would also love to hear from you.

Please email your ideas etc to [50@cradoc.powys.sch.uk](mailto:50@cradoc.powys.sch.uk). Well done to Mrs Owen and Miss Roberts for getting the Facebook page off the ground. We have had over 400 people join in just a couple of weeks and the photos and comments are really great. Have a look and comment at <https://www.facebook.com/groups/294586984761280/>. Encourage your old friends to join.

**PLEASE REMEMBER THIS SITE IS SEEN BY CHILDREN. WE HAVE HAD TO REMOVE A FEW POSTS DUE TO BAD LANGUAGE, SO PLEASE TAKE CARE.**

## PTA

**Thank you PTA for the lovely ice lollies at sports day – they really hit the spot!**



Look forward to:

- October: Fancy Dress Disco
- Autumn: PTA meal
- Autumn: Christmas Market trip

Cynnig GOFAL PLANT CYMRU The CHILD CARE Offer for WALES

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### WHOSE TEACHING IN MY CHILD'S CLASS NEXT WEEK?


National Tests continue, which means there will be different things going on in classes and staff will be working with different groups of children as necessary. Classes will be taught as follows for as much of the week as we can by:

	Beech Class	Elm Class	Lime Class	Oak Class
Monday am	Mrs Morris	Mrs Hughes	Miss Roberts	Mr Holland
Monday pm	Mrs Morris	Mrs Hughes	Miss Roberts	Mr Holland
Tuesday am	Mrs Morris	Mrs Hughes	Mrs Godfrey	Mr Holland
Tuesday pm	Mrs Morris	Mrs Puddy	Mrs Godfrey	Mr Holland
Wednesday am	Mrs Morris	Mrs Hughes	Miss Roberts	Mr Holland
Wednesday pm	Mrs Puddy	Mrs Hughes	Miss Roberts	Mr Holland
Thursday am	Mrs Godfrey	Mrs Hughes	Mr Aldridge	Mrs Puddy
Thursday pm	Mrs Godfrey	Mrs Hughes	Mr Aldridge	Mr Holland
Friday am	Mrs Godfrey	Mrs Hughes	Miss Roberts	Mr Holland
Friday pm	Mrs Godfrey	Mrs Hughes	Miss Roberts	Mr Holland

## DIARY: New things or changes in blue

Monday July 1 <ul style="list-style-type: none"> <li>• Y6 Transition Day @ BHS</li> <li>• 5pm to 8pm Wellbeing and Resilience in Children/YP @Beacons College (JM, MS, EW)</li> </ul>	Tuesday July 2 <ul style="list-style-type: none"> <li>• Y6 Transition Day @ BHS</li> </ul>	<ul style="list-style-type: none"> <li>• Wednesday July 3</li> <li>• Fire Safety officer 9.30 Y1&amp;Y2, 10am Y5/6</li> </ul>	Thursday July 4 <ul style="list-style-type: none"> <li>• Wellbeing course (BR)</li> </ul>	Friday July 5 <ul style="list-style-type: none"> <li>• Food Safety with Ahoy (all classes)</li> <li>• Trauma Informed School Training Part 2 @MRC (JM)</li> </ul>
Monday July 8 <ul style="list-style-type: none"> <li>• Counselling Skills (EW&amp;BR)</li> </ul>	Tuesday July 9 <ul style="list-style-type: none"> <li>• 9.30/12.30 FP Profile training (JM&amp;MS)</li> <li>• Museum evaluation visiting in Oak and Lime</li> </ul>	Wednesday July 10 <ul style="list-style-type: none"> <li>• 5.30pm Governors meeting</li> </ul>	Thursday July 11 <ul style="list-style-type: none"> <li>• Y6 MAT event at BHS</li> </ul>	Friday July 12 <ul style="list-style-type: none"> <li>• Library Staff Assembly for Assembly 10.45</li> </ul>
Monday July 15 <ul style="list-style-type: none"> <li>• Y5 transition day at Gwernyfed</li> <li>• Y6 parents evening at Gwernyfed</li> </ul>	Tuesday July 16 <ul style="list-style-type: none"> <li>• Y6 transition day at Gwernyfed</li> <li>• Core Visit 3 (JM&amp;BR)</li> </ul>	Wednesday July 17 <ul style="list-style-type: none"> <li>• Y6 transition day at Gwernyfed</li> </ul>	Thursday July 18 <ul style="list-style-type: none"> <li>• 6.30pm Y6 leavers concert and sleepover</li> </ul>	Friday July 19 <ul style="list-style-type: none"> <li>• 9.30am Y6 leavers award assembly</li> </ul> Break up
Monday July 22 INSET DAY	Tuesday July 23 to 30 August 2019 SUMMER HOLIDAYS			
Monday September 2 INSET DAY	Tuesday September 3	Wednesday September 4	Thursday September 5	Friday September 6
Monday September 9	Tuesday September 10	Wednesday September 11	Thursday September 12	Friday September 13
Monday September 16	Tuesday September 17	Wednesday September 18 PTA Meeting	Thursday September 19	Friday Sept 20
				Saturday Sept 21 50 <sup>th</sup> Celebration Day

**SCHOOL DINNER MENU:**

	Week 1	Week 2	Week 3
 <p><i>Main Vegetarian Carbohydrate Side Dish Daily Dessert</i></p>	<p><b>Monday</b>  <b>Cheesy pizza</b>  <b>Cheesy pizza</b>                      Herby diced Potatoes                      Baked beans                      Salad Trolley / table                      Fresh Fruit Wedges or Ice Cream &amp; Chocolate Sauce</p>	<p><b>Monday</b>  <b>Lamb Grill in a Bap</b>  <b>Cheese &amp; Vegetable Country Bake</b>                      Herby diced Potatoes                      Baked beans                      Salad Trolley / table                      Fresh Fruit Wedges or Rice Pudding with Jam</p>	<p><b>Monday</b>  <b>Meatballs</b>  <b>Vegetarian Meat Free Balls</b>                      Pasta &amp; Garlic Bread                      Mixed Vegetables                      Salad Trolley / table                      Fresh Fruit Wedges or Apple crumble &amp; Custard</p>
 <p><i>Main Vegetarian Carbohydrate Side Dish Daily Dessert</i></p>	<p><b>Tuesday</b>  <b>Sausages &amp; Gravy</b>  <b>Quorn Sausages</b>                      Mashed or boiled potatoes                      Fresh Carrots &amp; Green Beans                      Salad Trolley / table                      Fresh Fruit Wedges or Shortbread Biscuit, a portion of raisins &amp; Fruit Juice</p>	<p><b>Tuesday</b>  <b>Chicken with Sage &amp; Onion Stuffing</b>  <b>Quorn with Stuffing</b>                      Mashed or boiled potatoes                      Fresh Carrots &amp; Broccoli                      Salad Trolley / table                      Fresh Fruit Wedges or Cheese cake &amp; Fruit Juice</p>	<p><b>Tuesday</b>  <b>Sliced Turkey with Sage &amp; Onion Stuffing</b>  <b>Quorn Roast</b>                      Mashed or boiled potatoes                      Fresh Carrots &amp; Peas                      Salad Trolley / table                      Fresh Fruit Wedges or Chocolate haystack &amp; Fruit juice</p>
 <p><i>Main Vegetarian Carbohydrate Side Dish Daily Dessert</i></p>	<p><b>Wednesday</b>  <b>Cottage Pie</b>  <b>Vegetarian Cottage</b>                      Roast Potatoes                      Mixed Vegetables                      Salad Trolley / table                      Fresh Fruit Wedges or Mini Doughnuts</p>	<p><b>Wednesday</b>  <b>Homemade spaghetti Bolognese</b>  <b>Vegetarian Bolognese</b>                      Spaghetti &amp; Garlic Bread                      Sweetcorn                      Salad Trolley / table                      Fresh Fruit Wedges or Chocolate &amp; Mandarin sponge &amp; Chocolate sauce</p>	<p><b>Wednesday</b>  <b>Mini Grill (Bacon, sausage &amp; ½ Omelette)</b>  <b>Vegetarian grill (2 Quorn sausage &amp; ½ Omelette)</b>                      Hash Browns                      Baked Beans                      Salad Trolley / table                      Fresh Fruit Wedges or Fruit Yoghurt &amp; Peaches</p>
<p><i>Main Vegetarian Carbohydrate Side Dish Daily Dessert</i></p>	<p><b>Thursday</b>  <b>Roast Turkey with Stuffing &amp; Gravy</b>  <b>Broccoli Cheese Bake</b>                      Mashed or boiled potatoes                      Fresh Carrots &amp; Broccoli                      Salad Trolley / table                      Fresh Fruit Wedges or Carrot cake &amp; Milk</p>	<p><b>Thursday</b>  <b>Roast Pork with roast potatoes, apple sauce &amp; Gravy</b>  <b>Quorn Roast</b>                      Mashed or boiled potatoes                      Fresh Carrots &amp; Green Beans                      Salad Trolley / table                      Fresh Fruit Wedges or Flapjack, a portion of raisins &amp; Milk</p>	<p><b>Thursday</b>  <b>Roast Beef with Yorkshire pudding &amp; Gravy</b>  <b>Cheese &amp; potato pie</b>                      Mashed or boiled potatoes                      Fresh Carrots &amp; Green Cabbage                      Salad Trolley / table                      Fresh Fruit Wedges or Blueberry muffin &amp; Milk</p>
 <p><i>Main Vegetarian Carbohydrate Side Dish Daily Dessert</i></p>	<p><b>Friday</b>  <b>Fish Finger or Salmon Bake</b>  <b>Cheese &amp; Vegetable Country Bake</b>                      Chips or Pasta                      Baked Beans or Peas                      Tomato Ketchup                      Salad Trolley / table                      Fresh Fruit Wedges or Eves pudding &amp; custard</p>	<p><b>Friday</b>  <b>Fish in batter</b>  <b>Omelette</b>                      Chips or Pasta                      Baked Beans or Peas                      Tomato Ketchup                      Salad Trolley / table                      Fresh Fruit Wedges or Cheese &amp; Biscuits</p>	<p><b>Friday</b>  <b>Fish Finger</b>  <b>Cheese &amp; Vegetable Country Bake</b>                      Chips or Pasta                      Baked Beans or Peas                      Tomato Ketchup                      Salad Trolley / table                      Fresh Fruit Wedges or Jam tart &amp; custard</p>

Week Beginning 13th May, 10th June, 1st July	Week Beginning 29th April, 20th May, 17th June, 8th July	Week Beginning 6th May, 3rd June, 24th June, 15th July
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Available Daily Are Jacket Potatoes with Various fillings, Pasta as an alternative Carbohydrate, bread, salad and Water  
 We can also provide vegan and special dietary menus when requested

 Suitable for a Vegan diet. Cost for Primary School Children : £2.45