How to Tell the Difference

GOOD TOUCH/BAD TOUCH

How to Tell the Difference
Touches and Feelings

What do they mean?
A good touch for me is when someone gives me a hug and says hi.

What about you?
Bad Touch

• **Bad touch for me is when someone hits me.**
• **Or someone who I don’t know touches me when I don’t want to be touched.**
• **Or someone touches me, where I don’t want to be touched**
• **What about you?**
How many of us like hugs, kisses, and touches from people we know, love, and trust?
How about those same kinds of touches from people we do not know, do not like, or do not trust?
When we get touches, we get feelings inside.

- Good touches give us good feelings.
Sometimes touches can give us bad feelings inside.

- Sad
- Frightened
- Unloved
- Unwanted
Do you like to be tickled?

- How many of us do not like being tickled?
- For those of us who like being tickled, is that a good touch or a bad touch?
- For those of us who do not like being tickled, is that a good touch or a bad touch?
Sometimes even when we think tickling is a good touch it can become a bad touch.

Before we get started, can everyone give a thumbs up sign? How about a thumbs down sign?

Good! Now if you like to be tickled then give a thumbs up and if you do not like to be tickled then give a thumbs down.
When tickling becomes bad touch.

• It lasts too long
• It is too hard
• It starts to hurt
• You start to cry
• It gets hard to breathe
• You are being touched in your private areas
• Strangers like bus attendants, drivers or lift men try to tickle
You make the call!!!

- If you get a touch you do not like what is it called?
- A Bad Touch!!
No one should touch our private body parts except, our parents, grandparents or doctors. They do that to keep us clean or healthy.
If someone gives you a bad touch then who can you tell?

- Parents
- Grandparents
- Teacher
- Other trusted adults
Good touch
Bad touch
We have parts of our bodies which are **good** to touch, some which are **not so good** to touch and others which are **bad** to touch.

Do you know which areas are which?
There are parts of our bodies which are **good** for people to touch.
There are parts of our bodies which we **might not like** people to touch.

- Face
- Shoulders
- Tummy
- Thighs
- Feet
There are some parts of our bodies which are **bad** to touch.

These are private parts and we should not touch anybody there or have them touch us there.

Where our underwear covers
Do you remember all the **good**, not so good and **bad** touches?
Sometimes people will need to touch your private parts. This should only happen when you need help.

It might be when you need help to have a bath or shower.

It might be if you need help on the toilet.

It might be when the doctor or nurse has to check everything is ok.
TOUCHING RULES

- No one should ever touch your private parts except to keep you clean or healthy.
- Never agree to keep it a secret.
- Tell someone you trust.
Prepared by Podar Jumbo Kids in the interest of Child Protection Rights of Children

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