

Multi-Sensory Fun!

In the Foundation Phase, we love to enjoy multi-sensory activities which help us to practise our **number** and **letter/word formation** and **recognition**! Here are a few simple ideas of how you could create multi-sensory opportunities at home... have fun!

Place some paint into a sandwich bag or poly pocket (you can always sellotape the top closed)! Then, allow your child to form letters and numbers using their finger! They will enjoy this (and it doesn't make a mess!)



Place some dry material e.g. rice, sugar, flour, sand onto a baking tray. Then, allow your child to form letters and numbers using their finger! You could place a piece of paper underneath with the letter/ number on it for them to track, or just let them have a go!



Place some wet material eg soap, shaving foam, paint onto a baking tray. Then, allow your child to form letters and numbers using their finger! You could place a piece of paper underneath with the letter/ number on it for them to track, or just let them have a go!



Using your finger, can you write the letter or number on someone in your family's back? Can they guess what letter/ number it is?

Now, can they do it to you? Can you guess which letter/ number they have written?



Can you make a letter or number using playdough, foil or pipe cleaners? Can you bend it into the correct shape?

