



Science & Technology / Humanities Activities

There are three activities: **1. Taste Tasting, 2. Making Fruit Animals, 3. Finding out about Africa**

1. Taste Tasting

The aim of this activity is to use some of your senses to guess the different foods. First let's find out about your senses.

We have five different senses, they are:



Can you use your senses to work out what each of the different food is?

To make it a little harder we are going to use a blind-fold so you have to use touch, smell and taste to guess. Once you have guessed you can then use your sight to see if you were correct.

What you need for blind taste testing

- Blindfold
- 5 or more different food or fruit - try to choose things that have different tastes and textures e.g sweet, sour, crunchy, soft, juicy
- Plate to put the food on
- Tissues/wipes – in case they don't like it!
- Drink to rinse mouth after each food

Adults, please draw out a table to record the findings:

Food No:	Comment (like/dislike, sweet/sour etc)	Guess- What is it?
1		
2		
3		
4		
5		

What to do

Adult:

- Prepare the different foods whilst your child isn't looking – you could cut up some different types of fruit and also try a squirt of ketchup, a sprinkle of sugar etc.
- Blindfold your child and give them the first piece of food to try.
- Encourage them to touch, smell and taste it describing what it is like after using each sense. For example – Strawberry – feels: wet, cold, smells: sweet, tastes: sweet and juicy.
- If you are brave enough at the end let them blindfold you and do the same experiment!
- Fill in the table with your child's comment and their guess of what the food is.

Child:

- Use touch, smell and taste to describe and guess the food. Do you like it? Is it sweet/sour, is it hard/soft, is it wet/dry?
- Try to name what it is.
- Tell your grown up what you think of each food and what you think it is.

Questions to ask:

How did it make you feel not being able to see the food?

What are your 5 senses?

Which was your favourite food? Why?

Which was your least favourite food? Why?

Challenge

Try one or more never tasted before.



2. Making Fruit Animals

Use different fruits to create your own fruit animals. Then eat them afterwards.

What you will need:

- Different fruit
- Knife (adults only)
- Chopping board
- Plate
- Optional- cocktail sticks or straws to attach the pieces together



What to do:

1. Choose an animal to make
2. Prepare the fruit together- peeling, cutting, shaping. **Adults: supervise fruit cutting.**
3. Make the animal on a plate together
4. Take a picture and then enjoy eating it!



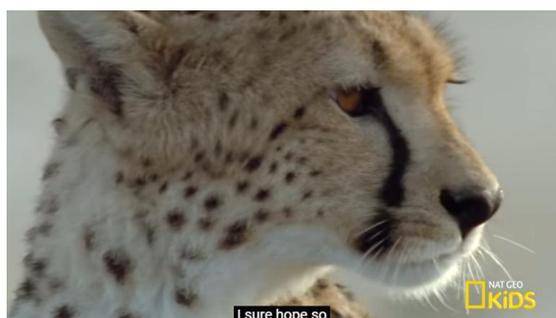
3. Finding out about Africa

Handa's Surprise is set in Kenya in Africa. Let's find out some interesting facts all about Africa - there are 3 things you can watch and then some questions at the end of the page:

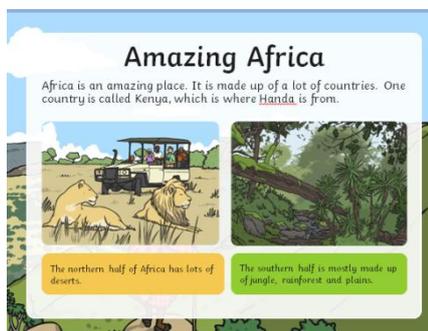
1. You can watch this **lovely episode of Go Jetters** on iplayer which is about Africa. Click on the picture to watch the show – it's quite fast so you might want to pause now and then and talk about what has just been shown and explain any new words to the children:



2. Here's a **short film all about Africa** too – see which animals you can spot and which fun facts you can remember!



3. And here's a **PowerPoint show all about Africa** too. You could look through it with your child to find out some more things about where Handa's Surprise is set (click on the picture to open it):



Here is the same information in pdf form in case you can't access PowerPoints:



Here are some questions to talk about with your child after watching the films together:

1. Which animals live in Africa? Do the same animals live here in Wales?
2. What is the weather like in Africa? Is it the same as the weather here?
3. Would you like to live in Africa? Why/Why not?
4. What would you like to see in Africa that you can't see here?

**Please take some pictures of your Fruit and African activities
and email them over to us at:**

[Mrs Timmins email](#) or [Mrs Rudge email](#)