



Expressive Arts

There are 6 expressive arts activities to try all about Handa's Surprise and Handa's Hen! These stories are set in Africa and are about friendship, fruit and animals – dip in and out of any other activities you fancy trying!

1. Paint a picture of a piece of fruit

- Choose a piece of fruit and place it in front of you
- Look at it carefully, can you copy it in paint?

What shape is it?

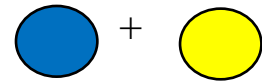
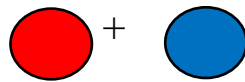
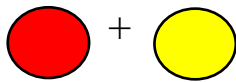
What colours can you see?

- Can you use tools other than brushes to create your fruit painting? You could try using a sponge dipped in paint, cotton wool buds or how about bubble wrap, like the pineapple below!



2. Colour mixing challenge

What colours can you make when you mix these colours together?



Can you make any more colours?

What happens if you add white or black to your paint?

3. Make an animal out of recycled materials

You will need:

- Recycled material such as used plastic bottles, cardboard boxes, egg boxes, bottle lids, toilet rolls etc.
- Scissors, sellotape or glue,
- Paint
- Other craft odds and ends: googly eyes, feathers etc.
- A long string or cord if you want to make the snake



What to do:

1. Choose an animal from the story to make, or your favourite animal
2. Collect together recycled materials you think you could use to make the animal – discuss with your child what shapes you need to make the body, head, legs?
3. Help your child cut and stick the materials together to create your animal. You might like to thread items together on a string – e.g. the yoghurt pot snake below.
4. Add animal details by painting, sticking on craft odds and ends to make the face
5. Have fun and remember to take a picture for us!



4. African Mask Making



You will need:

- Card or paper plate
- Pencil, scissors, paint or crayons
- Craft odds and ends to add details
- String, ribbon or lollypop sticks for them to wear/hold mask
- Glue or sellotape

What to do:

1. Paint or colour your plate or card the colour of your chosen African mask
African masks are often dark with lots of bright colours, shapes and patterns on them.
2. Use other craft bits to add details – e.g make shapes to stick on out of paper or pipe cleaner, bottle tops, different shapes/ coloured paper to make a pattern
3. Once dry - adults - cut out two eye holes.
4. Add string/ ribbon/ lollypop stick to be able to wear the mask.
5. Children – you can wear your mask whilst making African music or singing the songs below.



5. Song and Music Making

Do you still have the musical instruments or items that can be banged together to make a nice sound that we used a few weeks ago? Just use one instrument at a time to save your ears! Ideas of items to use: **drums or containers to beat, rice in a jar to shake, baby toys like rain makers, a saucepan and lid or some sticks to tap together:**



Sing the following song together to the tune of, “5 Little Ducks went swimming one day”.

Insert other animals and change the number of fruits as they are eaten. You could wear your African masks or bring your recycled animals along whilst you are making music.

Verse 1

One little girl went walking one day

Carrying **7** fruits far away

Along came a **monkey** and nom nom nom

Only **6** fruits carried on.

Verse 2

One little girl went walking one day

Carrying **6** fruits far away

Along came an **ostrich** and nom nom nom

Only **5** fruits carried on.

Can you **add musical instruments** depending on the animal – Think about the noise the animal makes, is it a quiet or loud, what might it sound like when it’s moving eg ‘bang your drum’ for the stomping of an elephant.

And repeat – louder, quieter, faster, slower...! Now try with different musical instruments.

6. African song – listen, sing, dance or play along

There is an African song that you can listen and sing along to called ‘**Toom bah ee lero**’. It’s known as a “Call and Response” song. The idea is that the adult sings first and then the child copies.

Why not play along with your musical instruments too!

Click the picture to hear the song:

TIP: fast forward the video to 1.05 to go straight to the singing/ instrument playing.



[Toom bah ee lero](#)

Please take pictures of your child enjoying the different activities and email to us at: [Mrs Timmins email](#) or [Mrs Rudge email](#) or message on ClassDojo.

Please remember we know the children are very young and we are not looking for a high standard of art work! We really love seeing the children’s own art work in all its creative, messy, funny glory!