



## Expressive Arts

### Caterpillar and Butterfly and Fruity Activities!

Here are the activities to try:

#### 1. Egg Carton Caterpillar

You will need:

- Egg carton
- Green, yellow and red paint
- Paintbrush
- Scissors / Glue
- Black marker
- Yellow pipe cleaner
- Googly eyes



**What to do:**

1. Start by cutting your egg carton so it is 4 cups length.
2. Help your child paint the first egg carton cup red and the other three green.
3. Once the paint is dry stick a scissors/pencil into the top of the egg carton to make holes for the yellow pipe cleaner.
4. Then glue on the googly eyes holding down for at least 30 seconds. If you haven't got yellow, green and red paint you could use any colors you have!

## 2. Finger Painting Caterpillar Craft!

Use a kitchen or toilet roll tube and dip in paint to make circles for your caterpillar. Use your fingertips to fill in the middle of make a mini caterpillar using your fingertips!



### 3. Caterpillar Paper Plate Craft

You could draw, paint or colour what the hungry caterpillar has eaten each day. Here is an example below.



### 4. Butterfly Craft

Print or draw a simple butterfly template. Cut around the template and let your child decorate using any materials you have at home. You could use glitter, stickers, paper, paint or decorate with felt tips pens or crayons. Stick a lollipop stick in the middle.

You could pretend to fly the butterfly outside. Here is a song you could sing when flying your butterfly:



## The Very Hungry Caterpillar Song

*(Sing to the tune of 'Down in the Jungle' or  
choose your own tune.)*

I am, a hungry, caterpillar,  
I need, to eat, a lot for dinner.  
I munch-munch here and I crunch-crunch there,  
A cabbage, a peach, a plum or a pear.  
Crunch-crunch, crunch-crunch, wiggle-wiggle, wiggle-wiggle,  
Crunch-crunch, crunch-crunch, wiggle-wiggle, wiggle-wiggle,  
Crunch-crunch, crunch-crunch, wiggle-wiggle, wiggle-wiggle,  
That's the way he eats his lunch.

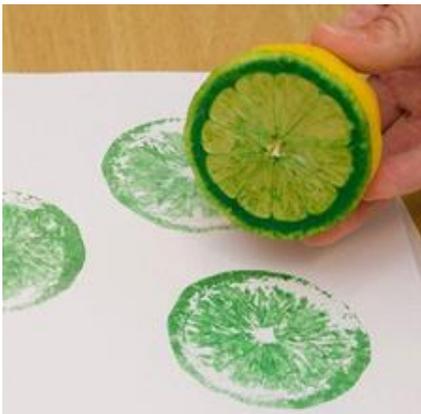
I climb the corn, right up to the top,  
I don't look down, and I never stop.  
I need to eat, because real soon,  
It'll be time, to make my cocoon.  
Crunch-crunch, crunch-crunch, wiggle-wiggle, wiggle-wiggle,  
Crunch-crunch, crunch-crunch, wiggle-wiggle, wiggle-wiggle,  
Crunch-crunch, crunch-crunch, wiggle-wiggle, wiggle-wiggle,  
Then it's time to build a cocoon.

In my cocoon, I have a long sleep,  
I don't come out, and I never peep.  
But when it's time, look up in the sky,  
And I'll be a beautiful butterfly!  
Flap-flap, flutter-flutter, flutter-flutter, flutter-flutter,  
Flap-flap, flutter-flutter, flutter-flutter, flutter-flutter,  
Flap-flap, flutter-flutter, flutter-flutter, flutter-flutter,  
That's the way a butterfly goes!

## 5. Oliver's Fruit Salad Challenges

Here are some fun expressive arts challenges for you to do over the week based on the story 'Oliver's Fruit Salad', some of them link to Science and Technology skills too!

1. Can you make a picture by printing with different fruits? Below are some ideas of what you could do.



2. Can you find some apple pips inside an apple and plant them? You will have to wait a little while before they start growing, but be patient. Remember they will need soil, lots of light and don't forget to water them regularly.

3. Can you make a delicious fruit salad? What fruit would you like to put in it? Remember to ask a grown up to help you when peeling or cutting up the fruit.

4. Making salt dough fruit. Follow the simple recipe below for making salt dough. Your child can then make different pieces of fruit using the salt dough. Once you have made the fruit, cook the dough in microwave (1 minute at a time). Keep



checking it until the dough has gone hard or you can place it in the oven on a low heat. This can then be painted to make it look like real fruit. It is a good idea to apply a coat of PVA glue over the paint once it has dried.

**Salt Dough**  
Playdough Recipe

**You will need:**  
2 cups flour  
1 cup salt  
1 cup water  
Food colouring (optional)

**Method**

1. Mix together the flour and salt in a large mixing bowl.
2. If desired, add 5-10 drops of food colouring to 1 cup of water.
3. Stir the water into the flour and salt in the large bowl.
4. Roll out the dough on a flat surface and knead it together. It should be soft and pliable.
5. Make models and ornaments.
6. The dough can be left to air dry or dried in a low oven 120-150°C. The time the dough takes to dry will depend on the size and thickness of your creations.

Flour

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Please take pictures and email to us at: [Mrs Timmins email](#) or [Mrs Rudge email](#)

Or send your pictures to us in a message on ClassDojo.

If you aren't on ClassDojo yet, please [email](#) so we can send you the link.