



Expressive Arts

Wiggly Worms Activities! There are 3 activities to try:

1. Painting with Spaghetti



Cook some spaghetti until it is soft. Coat the spaghetti with paint and have fun making patterns that look like worms! If you don't have spaghetti, you could try using string or wool.

2. Making worms with pasta tubes



This activity is great for developing fine motor control. Cut a long piece of string and let your child make long worms by threading the pasta tubes onto the string. To extend their learning, encourage your child to paint the tubes and make a repeating pattern

3. Superworm Playdough

After reading the story, have a go at making some worms and insects you can find in the book. Playdough is great for fine motor development and lots of fun! If you haven't got any playdough at home, there is a simple no-cook play dough recipe below:



Superworm Play Dough



No-Cook Playdough Recipe (Recipe found on The Imagination Tree)

BEST EVER NO-COOK PLAY DOUGH RECIPE

You need:

- 2 cups plain flour (all purpose)
- 2 tablespoons vegetable oil. (baby oil and coconut oil work too)
- 1/2 cup salt
- 2 tablespoons cream of tartar
- 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- gel food colouring (optional)
- few drops glycerine (my secret ingredient for stretch and shine!)



Method:

- Mix the flour, salt, cream of tartar and oil in a large mixing bowl
- Add food colouring TO the boiling water then into the dry ingredients
- Stir continuously until it becomes a sticky, combined dough
- Add the glycerine (optional)
- Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it's the perfect consistency!*
- If it remains a little sticky then add a touch more flour until just right

Please take a picture of your work and email to us at:

timminss@hwbcymru.net or turnerl36@hwbcymru.net

We can put pictures up on ClassDojo for your child to see their own and others' creations. If you aren't on ClassDojo yet, please email us so we can send you the link.