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## Equality & Discrimination



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*You may remember that the second issue JSB members raised as something you wanted to champion was 'equality and discrimination.' This will be our new mission and we will be supporting you to have your voices heard. Premier League footballer Raheem Sterling shares his views. If you have any great ideas on how to improve equality & discrimination for children & young people in our communities please share them - [wgsb@npt.gov.uk](mailto:wgsb@npt.gov.uk)*

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<https://twitter.com/statuses/1269737811307048960>

As a safeguarding member of the board, I feel it's imperative we speak out about the horrific events that has happened as of late. No one should feel afraid to walk the streets and everyone has equal rights.

**Article 2** says EVERYONE is free from discrimination and **Article 3** says EVERYONE has a right to life. George Floyd died at the hands of a police officer who knelt on his neck for nearly nine minutes which ultimately killed him. I believe his death could have been prevented if the officer understood the rights. I stand with those who have experienced racism and will fight for equality for everyone. It must be understood that racism isn't born in someone but it's taught. I will continue to learn how to prevent racial inequality and honour the legacy of those who have died as a result of racism. We must rise and stand up for those who feel they don't have a voice. #BlackLivesMatter – Cerys, JSB.

### Championing Safeguarding in Sport update

Thank you for all your hard work so far in identifying 'safeguarding in sport' as the first issue you wanted to champion. We haven't forgotten that this is something you feel is important and have been busy

behind the scenes following up on the letters you sent to: Welsh Government; South Wales Police; WRU; FAW. We have also been in contact with other organisations that we think will support the JSB in their mission: Welsh Sports Association; NSPCC; Ospreys; Sport Wales; Children in Wales; Children's Commissioner for Wales; Street Games. We will keep you updated when we hear back.



### What's Online

- **NPT Young People Website** We've been working closely with Neath Port Talbot Council on developing a 'NPT Young People' website. It will contain lots of useful information and advice for young people. Keep an eye out for it as we will be launching it in the next few weeks!

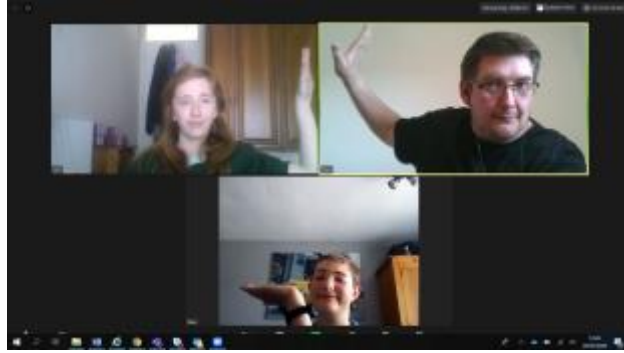


- **Mental health website survey – make your opinion count** Swansea Bay University Health Board are developing a website that will provide young people in Swansea and Neath Port Talbot with help and advice with their feelings, emotions and mental health. Can you spare five minutes? Share your views at: [Survey here](#)

- **‘Coronavirus and me’ survey results** Thank you to those of you who completed or shared the ‘Coronavirus and me’ survey. Over 23,000 children and young people submitted a response! You can read the results [here](#).

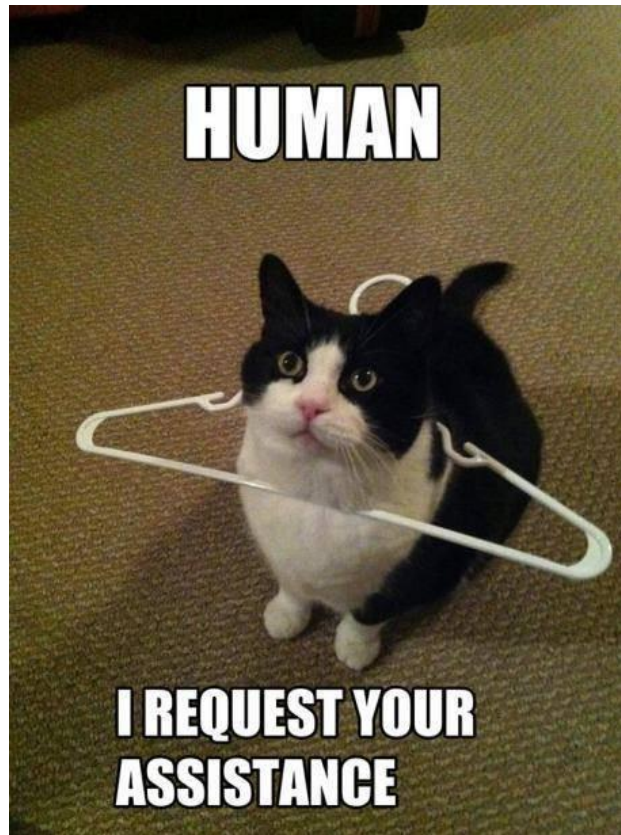
## Young People in Swansea Tackling Isolation





Care experienced young people from Swansea have highlighted isolation, loneliness and missing family and friends during Covid 19 as an important issue that needs addressing. They are creating a tea party challenge pack over on-line platforms which will include recipes, video instruction cook-a-longs, music play list and challenge activities which can go out to friends and family in preparation for them to have a tea party together via a social media platform. They have teamed up with Well lawn, Mess Up The Mess Youth Theatre, Bethany Seddon (creative artist) and Simply Delicious Bakers to put the project together. Potentially other young people could use this tool in the community and work through the process with Mess Up The Mess to create something out of Lockdown that has a well-being focus.

For anyone who feels isolated and lonely click on these links for help & advice on looking after your health & wellbeing [Mind](#) and [Young Minds](#)



### [Safeguarding Week 2020](#)

The JSB don't just help cats with coat hangers stuck on their heads. We have a Junior Safeguarding Week to plan. You gave us loads of great ideas before lockdown - Safeguarding Roadshow, assemblies, fun activities throughout NPT ... Life as we know it has changed a little so our plans may have to as well.

**What can we do? How can we make Safeguarding Week a great success and spread important messages and keep us all safe from Covid 19?** Get in touch [wgsb@npt.gov.uk](mailto:wgsb@npt.gov.uk)

### [Diolch](#)

Kindness Award – during *#mentalhealthawarenessweek* the JSB were awarded a kindness award and thanked for championing safeguarding issues.

Volunteers Week – during *#volunteersweek* the JSB was awarded a certificate acknowledging you for your outstanding contribution to volunteering as members of the JSB.

