



Anti Bullying Policy Polisi Gwrth Fwlio



Welsh Network of Healthy School Schemes



Cynlluniau Ysgolion Iach - Rhwydwaith Cymru



Headteacher: Mrs C Walsh

Reviewed March 2017

Anti Bullying Policy For Hendredenny Park Primary School

UNICEF Rights of a Child

Article 29 (goals of education)

Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and the environment.

We believe that bullying happens in all schools, so ours is no exception. However we strive to be proactive in preventing bullying and it is a frequent theme for assemblies and as part of our PSE lessons

Unfortunately many children are the victims of bullying at some stage of their school life. At the same time children, for various reasons, have periods in their lives when they are bullies.

Bullying can be a major cause of low self-esteem, unhappiness and unwillingness to come to school so it is vital that every effort is made to prevent it/ reduce it.

In Hendredenny Park Primary School, we believe we need to help and support both sides of the problem in order to reduce bullying and the misery it causes.

What do we, in Hendredenny Park Primary School, say Bullying is?

Bullying is when one person or a group of people keep doing things or saying things that deliberately upset or hurt others.

Some of the ways people bully others are by:

- Calling them names
- Saying or writing nasty things about them
- Leaving them out of activities
- Not talking to them
- Threatening them
- Making them feel uncomfortable or scared
- Taking or damaging their things
- Hitting, punching, pinching or kicking them
- Spitting at them
- Making them do things they don 't want
- Making fun or ridiculing a person
- Making reference to somebody's skin or hair colour, disability, race or size
- Cyber bullying- texting , using social media such as face book, WhatsApp. Twitter to make spiteful comments

Isolated incidents of unkind and/or aggressive behaviour, while they should not be condoned, can scarcely be called bullying

In our school we aim to reduce Bullying by: -

- Ensuring that the school's climate emphasises mutual respect and values every individual within the school
- Providing the consistent framework with which to deal fairly with incidents of bullying
- Giving all children strategies to protect themselves and to help them increase their feelings of self worth
- Liaising effectively with parents and to ensure that they are fully aware of the school's Anti Bullying Policy and of their place within it

In our school we have the following proactive measures in place to reduce the incidents of bullying: -

- Regular circle time to discuss issues of concern
- Class meetings about bullying
- Specific Anti bullying rules in each classroom
- Extra supervision during break-times and lunchtime
- Anti bullying box in each class
- Special lunchtime award
- Awareness raising of bullying issues during Assembly time
- Bullying discussed during PSE (Personal and Social Education) sessions
- Advise parents of incidents at an early stage
- Follow up incidents to ensure that bullying has not resumed
- After a review by school council and Rights Respecting School team on 3Rd March, the pupils asked if there could be a dedicated adult on the yard at lunchtime to look out for bullying and for any child who has complained about bullying. It was agreed that Mrs Hale undertake this role.

Bullying Sanctions

- A clear warning
- Name callers will write five positive statements about child
- Segregation on the play ground
- Calling bully's parents to school
- Joint meetings with bullied and bully's parents
- Detention break and lunch times
- Internal exclusion - working in another class for a specified period of time
- Exclusion from lunch hall
- Lunch time exclusion
- Fixed term exclusion
- Permanent exclusion

How Can A Parent Tell If Their Child Is Being Bullied?

Research has show that many children are reluctant to say if they are being bullied. Up to a third of children may never tell anybody and so therefore they suffer in silence. Finding out that your child is being bullied is a stressful and distressing experience. It's natural for a parent to feel anger, confusion and guilt.

Some children are good at hiding their feelings and the first you may know of the problem is when your child suddenly doesn't want to go to school, or says they are ill when PE lessons are on the agenda.

The following signs and symbols may suggest that your child is being bullied.

- Coming home with cuts and bruises
- Torn clothes
- Asking for stolen possessions to be replaced
- "Losing" dinner money or coming home early
- Falling out with previously good friends
- Being moody and bad tempered
- Being quiet and withdrawn
- Wanting to avoid leaving the house and unwilling to attend school
- Aggression with brothers and sisters
- Doing less well at Schoolwork
- Insomnia/ bed wetting
- Anxiety
- Complaining of being ill

It does not necessarily mean your child is bullied if they display one or more of these symptoms, but if you are worried please contact the school.

The worst thing to do is to over-react and storm into school demanding action. Please, it is important not to take the matter into your own hands and to confront the bully's parents, especially if you are angry and you do not know them well. This only leads to serious arguments.

Don't forget that if you didn't know your child was being bullied then the school may not have realised it either. The class teacher/head isn't your child's constant companion and isn't a mind reader.

If you think your child may be bullied then ask a few simple questions:

- Did they do anything they liked at school today?
- Did they do anything they didn't like?
- Who did they play with?
- What sort of games did they play at lunchtime?
- Did they enjoy them?
- Would they have liked to play different games with someone else? Are they looking forward to going to school tomorrow?

Code To Follow If Any Member Of Staff Receives An Allegation Of Bullying

As a school, we promise that **we will always listen** to a complaint from a child or parent about bullying.

As a school, we promise that **we will record** all complaints from a child or parent about bullying.
(See attached proforma)

As a school, we promise that **we will investigate** all complaints from a child or parent about bullying.

If we believe, as a school, that complaint is genuine, **we will provide support and counselling for the victim and support the bullies to change their behaviour.**

As a school, we promise that **we will be proactive and implement strategies to prevent occurrence and any reoccurrence of bullying.**
(See attached)

As a school, we promise that **we will implement sanctions against the proved bully to prevent a reoccurrence of bullying.**
(See attached)

What You Should Do If You Suspect Your Child May Be Bullied And How The School Will Respond

1. Listen to your child and support him/her. Take the bullying seriously (even though it may sound trivial to you) and try not to over react. Reassure your child and talk to them about the actions you will take.
2. Contact the school as soon as possible in person, phone or letter.
3. Ask to speak to the head teacher or class teacher.
4. Explain:
 - What has happened
 - Where it happened
 - When it happened
 - How often it has happened
 - Who else was present
5. The school will record your concerns
6. The school will investigate you concern by speaking individually to any children involved and any adult who may have been present.
7. The school will contact you within 48 hours to tell you the outcome and how the matter will be resolved.
8. You may be invited into school to meet with the bully's parents to help resolve the problem
9. Give the situation time to change, but if you are not satisfied arrange to meet with the Head teacher to discuss your concerns.
10. Never ignore bullying.

Complaints

If you are not happy at the way the school has dealt with an allegation of bullying, then you have the right to complain to the governing body by putting your complaint in writing to the chair of the governing body via the school address. Please mark your letter "Private and Confidential".

Please contact Mr Steve Cresswell, clerk to the governing body on 01443-864958 for advice. You may also contact the LEA's Complaints Officer, Mrs Kim Davies, for advice.

Anti Bullying Policy – Reviewed with school council and RRS group March 2017

Other Useful Contact Numbers

Education Welfare Service 029-20858861
Behaviour Support Service 029-20858800

Bullying Outside Of The School Premises

Schools are not directly responsible for bullying off their premises. A court judgement in 2000, ruled that the head's duty of care to prevent bullying generally only applies within the precincts of a school, although exceptionally failure to take disciplinary steps to combat harmful behaviour outside the school might breach the schools common law duty of care.

Review And Evaluation Of This Policy

This policy will be review annually. Parents will be consulted via an open meeting and by being asked to complete a proforma on any bullying incidents their child has been involved in during the year. We will be able to collect an objective measure on the success of this policy.

What Can I Do If I Am Being Bullied?

1. You can tell somebody you trust

You can tell your parents

You can tell your grandparents

You can tell your teacher

You can tell the head teacher

You can tell your friends, sisters and brothers

2. You can write a note and put it in the class 'Bully Box'

Whatever you do DON'T SUFFER IN SILENCE

Hendredenny Park Primary School - Bullying Checklist

Bullying is when one person or a group of people keep doing things or saying things that deliberately upset or hurt others.

1 How many times has it happened?

2 How many children were involved?

3 Has the victim been involved in arguing or had a falling out with the perpetrator(s)?

4 What happened?

- Calling them names
- Saying nasty things to them
- Saying nasty things about them
- Writing nasty things about them
- Leaving them out of activities
- Not talking to them
- Threatening them
- Following them
- Staring deliberately at them
- Taking or damaging their things
- Hitting, punching, pinching or kicking them
- Spitting at them
- Making them do things they don't want - making them uncomfortable or scared in any way.
- Making fun or ridiculing a person
- Making reference to somebody's skin or hair colour, race or size.

5. Where did it happen?

6. How did your child respond when she /he was upset?

7. Were there any witnesses?

Hendredenny Park Primary School – Bullying Concerns Form

Name of alleged victim(s):

What Happened?

When Did It Happen? (Time and Date)

Where Did It Happen?

Who Witnessed The Events?

Signed By Parent/Reporter of Incident _____

Date _____