



Dear parent/carers,

Your child has been identified as a close contact of a case of COVID-19 at Presteigne Primary School on 6<sup>th</sup> October 2021.

Although there is still a risk of your child getting COVID-19, your child can continue to attend school provided your child remains well.

For additional peace of mind, we recommend that you book a PCR test for your child. You can do this on Day 2 following last contact [6.10.21 + two days] or immediately on receipt of this letter if Day 2 is in the past, and on Day 8 following last contact [6.10.21 + eight days]. You can book a PCR test online through the Powys Teaching Health Board website at <https://pthb.nhs.wales/coronavirus/coronavirus-testing/symptoms/> or by calling 01874 612228 and asking for a test because you have been advised to do so by TTP.

We know that in general COVID-19 doesn't affect young people as seriously as it does others in our families and community. But to help keep others safe, there are still some things your child can do to reduce the risk of spreading the infection. For the next 10 days we recommend you/your child:

- **Avoid contact with anyone at greater risk from the effects of COVID-19 infection.**  
This includes older people, those with long-term health conditions, and anyone who hasn't received a full course of COVID-19 vaccine.
- **Be alert for new symptoms.**  
If your child starts to feel unwell, no matter how mild the symptoms are, you/your child should stay away from school and get a PCR test.
- **Limit contact with large groups of people as much as possible.**  
Try to keep the number of people in close contact with your child to as few as possible. Avoid large gatherings outside of school, social events (e.g. birthday parties) and after-school activities.
- **Keep washing hands regularly.**  
This is still an important way to limit the spread of many infections, including COVID-19.

If your child remains well after Day 10 [6.10.21 + ten days] you can return to normal activities.

We know how disruptive the last year has been for everyone. This year we want to keep your child in school as much as possible, but we also want to keep our communities safe from the effects of COVID-19. We hope that you will be able to play your part by following the advice above.

