



## ANTI-BULLYING POLICY

## PRESTEIGNE PRIMARY SCHOOL/YSGOL GYNRADD LLANANDRAS

### Anti-Bullying Policy

#### Rationale

At Presteigne Primary School, we believe that all pupils have the right to feel safe and happy when they come to school and that parents should feel confident that their child is cared for and protected from any form of bullying. We will use every opportunity to remind pupils that we treat each other with kindness and respect. We will also seek pupils' views about any forms of bullying which may be going on and involve children in finding ways to eliminate any problems.

#### Aims of our Anti-Bullying Policy

At Presteigne Primary School we aim to:

- Implement a 'zero-tolerance' approach to bullying throughout the school;
- Ensure that preventing bullying is central to our overall Behaviour Policy;
- Eliminate opportunities for bullying to arise;
- Treat all incidents of bullying seriously, in the knowledge that all children want justice and safety at school and that failing to respond to bullying is seen, by pupils, as tolerating it;
- Use strategies, including cross-curricular work, to combat bullying;
- Do all that we can to foster respect and tolerance for others, and self-respect, in order to eliminate bullying;
- Work closely with parents and support them in the event of bullying affecting their children (whether bullied or bullies).

#### Procedures to follow/Roles and Responsibilities

If bullying occurs:

- **The child** should tell his/her **class teacher** who will then:
  - a) Comfort the child and suggest strategies for defusing the situation (e.g. look confident, show that you have other friends etc);
  - b) Reassure the child that the situation will be dealt with;
  - c) Inform the Headteacher.
- **The Headteacher** will:
  - Record each incident of bullying;
  - Speak privately to the child who has been bullied and to any witnesses;
  - Speak to the bully and follow the school's hierarchy of sanctions (See page 4-5 of the Positive Behaviour policy);
  - Speak to the parents of both children as appropriate;
  - Speak to the parents of both children if a child has been physically hurt;
  - Inform the class teachers of all children involved;
  - Raise the matter as a whole-school issue, if appropriate, ensuring confidentiality is maintained for the child who has been bullied;
  - Monitor the situation carefully;
  - Ensure that all staff, including Midday Supervisors, monitor the situation and report further incidents to the Headteacher.
- **Parents** who report incidents of bullying will:
  - Be made to feel confident that the incident will be dealt with promptly and fairly;
  - Be encouraged to contact the Headteacher again if the situation does not improve.

## Appendix 1 – Information about Bullying

### What is bullying?

Bullying is defined as deliberately hurtful behaviour repeated over time. There is always an imbalance of power between the bully and the bullied; it is not a confrontation between equals.

Bullying can be difficult to spot and it can happen anywhere. In primary schools, three-quarters of all bullying takes place on the playground.

Bullying is more common in primary schools than in secondary schools and, nationally, it is on the increase:

- a third of all girls and a quarter of all boys are, at some time, afraid of going to school because of bullying;
- boys tend to be bullied by boys; girls are bullied by girls and boys;
- boys suffer more from direct, face-to-face and physical harassment; girls suffer more from social exclusion and rumours;
- most bullying is carried out by boys;
- bullies come from all kinds of social class and cultural backgrounds; they rarely lack social skills and are often seen as popular, confident and assertive;
- victims of bullying can be anyone: usually children who appear vulnerable; children who are perceived as being or looking different; children who seem to lack friends but also children who are perceived to be secure, successful or smart;
- 20% of children who are bullied also act as bullies themselves.

**Signs of bullying** are not always easy to detect.

The most usual signs of bullying include:

- a sudden reluctance to go to school
- a fall in academic performance
- being alone a lot of the time
- becoming withdrawn and appearing anxious

All of the following are classed as bullying:

- Deliberate aggressions, repeated over time
- Taking a child's belongings
- Verbal abuse and threat
- Sexual harassment
- Racial harassment
- Use of homophobic language ("Gay")
- Spreading malicious rumours
- Excluding child from social group
- Name-calling and persistent ridiculing
- Cyber Bullying (use of text messages and/or the internet)

In general, physical bullying declines with age, but indirect and more psychological bullying increases.

## **Appendix 2 – Pupils’ Anti-Bullying Policy**

*The following policy, revised annually by the School Council as part of Anti-Bullying Fortnight, is displayed throughout the school:*

### **ANTI-BULLYING POLICY**

#### **At Presteigne Primary School**

- **We will always treat each other with kindness and respect.**
- **Our ‘Golden Rules’ and ‘Golden Time’ will remind us that we must never be a bully.**
- **Teachers and midday staff will always do their best to stop bullying from happening.**
- **Our teachers will help us to learn about the dangers of bullying in lessons and in ‘circle time’.**
- **We will use the ‘Values Board’ to learn about respect, kindness and co-operation.**
- **Everyone will work together to stop bullying from happening.**
  
- **If we think we are being bullied we must:-**
  - **Talk to an adult at the school**
  - **Tell our parents and ask them to help us**
  - **Show the bully that we are not afraid and that we have friends**
  - **Try to be friends with the bully and help him/her to become kind**
  
- **If we think someone is being bullied we must:-**
  - **Tell an adult at the school**
  - **Be kind to the child who is being bullied**
  - **Show the bullies that their behaviour is wrong and try to help them to change the way they behave**

**PRESTEIGNE PRIMARY SCHOOL / YSGOL GYNRADD LLANANDRAS****Anti-Bullying Policy**

This policy was reviewed, in consultation with the Staff and School Council, and approved by the Governing Body at their meeting in May, 2016.

A child-friendly version of this policy has been produced for display in all rooms at the school.

The Anti-Bullying Policy will be reviewed by the governing body in May, 2017.

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Chair of Governors

Headteacher