

VEGETARIAN

Week 1

Week Commencing:

14th September

5th October, 2nd November,

23rd November, 14th December,

11 January, 1st February,

Monday

Hot Option - Margherita Pizza, Oven Potatoes, Sweetcorn

Individual Fruit Yoghurt Pot / Fresh Fruit

Bottle of Water

Tuesday

Hot Option - Vegetable Curry, Rice, Peas

Chocolate Orange Sponge / Fresh Fruit

Bottle of Water

Wednesday

Hot Option - Vegetable Bolognese, Mixed Veg

Homemade biscuit / Fresh Fruit

Bottle of Water

Thursday

Hot Option - Vegetable Pie, Roast, Broccoli

Jam Split / Fresh Fruit

Bottle of Water

Friday

Hot option - Country Vegetable Bake, Chips, Baked Beans

Chocolate Cornflake Crisp / Fresh Fruit

Bottle of Water

Primary School Menu September 2020

Week 2

Week Commencing:

21st September, 12th October,

9th November, 30th November,

21st December, 18th January, 8th February.

Monday

Hot option - Vegetarian Sausage Dinner, Mash, Peas

Jam Sponge / Fresh Fruit

Bottle of Water

Tuesday

Hot Option - Vegetable Curry, Rice, Peas

Peach Muffin / Fresh Fruit

Bottle of Water

Wednesday

Hot Option: Vegetarian Goujons, Potato Wedges, Veg stick

Individual Fruit Yoghurt Pot / Fresh Fruit

Bottle of Water

Thursday

Hot Option - Vegetable Pie, Roast, Broccoli

Homemade Biscuit / Fresh Fruit

Bottle of Water

Friday

Hot option - Country Vegetable Bake, Chips, Baked Beans

Welsh Cake / Fresh Fruit

Bottle of Water

£2.40 per day

Week 3

Week Commencing:

28th September, 19th October,

16th November, 7 December

4th January, 25th January,

Monday

Hot Option - Vegetarian Pasta Bake, Broccoli

Fruit Sponge / Fresh Fruit

Bottle of Water

Tuesday

Hot Option - Vegetable Curry, Rice, Peas

Homemade Biscuit / Fresh Fruit

Bottle of Water

Wednesday

Hot Option - Vegetarian Meatballs, Mash, Carrots

Marbled Sponge / Fresh Fruit

Bottle of Water

Thursday

Hot option - Vegetarian Sausage Dinner, Mash, Peas

Individual Yoghurt Pot / Fresh Fruit

Bottle of Water

Friday

Hot option - Country Vegetable Bake, Chips, Baked Beans

Chocolate Cookie / Fresh Fruit

Bottle of Water