

Health & Wellbeing

Developing physical health and wellbeing has lifelong benefits

- Describe the way in which physical & emotional changes are connected and monitor, review & adapt behaviour to support physical & emotional health, setting relevant targets
- Describe behaviours, conditions and situations that affect physical health & wellbeing; Know how to respond to and/or manage these to actively reduce the risk of harm

How we process and respond to our experiences affects our mental health and emotional wellbeing

- Understand how and why my thoughts, feelings and actions change in response to different experiences; Self regulate my emotions in a healthy way using strategies I have developed
- Notice & communicate my feelings; See the benefits of communicating about feelings as one of a range of strategies which can help promote positive mental health and emotional wellbeing
- Beginning to notice when I need help to manage my feelings; Ask for help when I need it from people I trust
- Reflect on my experiences; Reflect on the way past events and experiences have affected my thoughts, feelings and actions
- Pay attention to the feelings of others and learning to think about why they may feel that way; Empathise with others and understand how and why experiences affect me and others

Languages, Literacy & Communications

Blaenbaglan Literacy Scheme – Years 3 - 6

Oracy Focus

Discussion / Debate

Writing Focus

Instructions & Discussion

Welsh Language

First person sentence patterns

Vocabulary – parts of the body, illnesses

Writing – first person profile & conversation

Medical Marvels



Mathematics & Numeracy

Blaenbaglan Maths Scheme – Years 3 - 6

Reasoning and problem solving activities

Rigby Mental Maths Assessments (min 1 per fortnight)

Wigan Autumn Maths Assessment

Weekly times tables tests

Science & Technology

The world around us is full of living things which depend on each other for survival

- Explain the role of different organs and systems that enable plants and animals to grow
- Describe some changes in growth and development caused by hormones
- Identify the threats to the development and health of organisms and recognise some natural defences, preventions and treatments
- Explore relationships between living things, their habitats and life cycles (focus on humans and similarities – habitats and lifecycles covered in more detail in “Creature Features”)

Being curious and searching for answers is essential to understanding and predicting phenomena

- Ask questions and use experience to suggest simple methods of enquiry; Identify questions that can be investigated scientifically and suggest suitable methods of inquiry
- Recognise patterns from my observations and investigations and can communicate my findings; suggest conclusions as a result of carrying out my inquiries
- Use knowledge and understanding to predict effects as part of scientific exploration; Engage with scientific and technological evidence to inform own opinions
- Describe the impacts of science and technology, past and present, in my everyday life

ICT Scheme

In order to develop pupils’ ICT skills throughout the areas of learning, staff are to use the ICT Scheme of Work, focusing on Communicating and Sharing & Exchanging Information Safely

This topic is all about the human body and physical and emotional health. There is a heavy Science & Technology and Health & Wellbeing focus. Staff are able to pursue topics to coincide with their class’ interests, provided the descriptions of learning above are met. Classes may choose to look more closely at topics such as the history of medicine and how treatments have developed, immunisations, the NHS, organ donation, key medical figures from history and their impact on the present day, moral arguments regarding medical issues.