

Adaptation Activity Sheet

Animals and plants adapt to the environment that they live in. This means that over time they change to make themselves best fit the conditions of their habitat.

Those who live in the Arctic, where it is bleak and very cold and those who live in the desert where it is very hot and dry, are well adapted to these harsh conditions. If they were not they would not survive.

Animals that are prey hide from predators as this helps them survive. The fur of some animals is adapted to its habitat. This is called camouflage.

Fill out the table below with plants and animals that live in the five habitats.

Garden	Desert	Urban	Forest / Wood	Sea

worm

shark

lobster

ladybird

deer

owl

rat

oak tree

woodlouse

squirrel

snail

camel

flower

dandelion

pigeon

seaweed

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Choose one plant or animal from each habitat and find out how it adapted to its environment.

Garden

Desert

Urban

Forest / Wood

Sea
