

Gross Motor Skills

<p>Can you hop, skip and jump through a hula hoop? Can you count how many hops or skips you are doing?</p>	<p>Can you draw a hopscotch and play with your family? Throw the stone onto one of the squares, then hop and jump to the stone.</p>	<p>How many jumps can you do before the timer finishes?</p>
<p>How many different ways can you move around the outdoor area?</p>	<p>What is the tallest shape you can make with your body? What is the smallest shape you can make with your body?</p>	<p>Use the chalks to draw on the floor. Can you make these patterns on the ground?</p> 
<ul style="list-style-type: none"> • Show the children a birds nest picture. Discuss with them what it is made of. What shape it is and why do they think it is that shape? What if it was square would that be as good? • Then tell them that they are going to pretend to be a bird and make a real BIG birds nest outside. • Take them outside and have them collect anything from around the grounds that they think will make a good nest. 	<p>THE EGG-A-THON This can be played as a race or relay... Use a tablespoon and a plastic Easter egg and plastic spoon. Children try to walk fast holding the egg in the spoon to the finish line. It can also be done as a relay and have one child in the middle of the race line waiting. The children transfer the egg to their relay partner's spoon and go!</p>	<p>Complete the PE activities. <i>Uploaded under this planning.</i></p>
<p>Weekly activities: Practise cutting with scissors Complete the scissor skills booklet</p>	<p>Practise threading with buttons, beads and pasta</p>	<p>Play simple board games and complete jigsaw puzzles</p>

Fine Motor skills

<p>Colour in the bird colouring sheets. <i>Uploaded under this planning sheet.</i></p>	<p>The baby birds can't fly yet so need their mummies to get their food. Can you choose a mummy bird? Which colour is your bird? On your pegs draw a worm using colours (which match your birds) Can you collect all the worms of that colour and feed them to your baby bird? You can feed the baby using only the peg. How many worms did you feed to your baby bird?</p> <p><i>Resources uploaded under this planning.</i></p>	<p>Can you complete this rhyme: Five little birds in a nest in a tree (hold up right hand) Are just hungry as can be "Peep", said baby bird number one (wiggle one finger) Mother bird promised she would come "Peep, Peep", said baby bird number two, If she doesn't come what will we do? "Peep, Peep, Peep", said baby bird number three, I hope she can find this tree. "Peep, Peep, Peep, Peep", said baby bird number four,</p>
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 <p>Playdough birds.</p>	 <p>Collect sticks, feathers and leaves to build a nest, think about what features the nest should have. Build a bird's nest using just a child's tweezers. Remember birds only have their beaks to build.</p>	