

Gratitude Diary

You can start with:

I am thankful for...

Thank you for...

I appreciate...

I'm grateful for...

Mrs Thomas' Gratitude Diary

Saturday 28th March 2020

I am grateful for my home and my husband.

Today has been a relaxing sort of day. I enjoyed waking up early and doing an exercise video because it gave me lots of energy for the day. We spent the rest of the day looking and purchasing funky pictures online for our bare walls. This made me happy and excited as our house is beginning to look the way we want it to.