

School Lunches from 5<sup>th</sup> September 2018 to 17<sup>th</sup> October 2018

With reference to the above, please find attached a copy of the Spring/Summer 2018 menu and also the School Packed Lunch menu.

Norse have decided to keep running this menu up to half term when they will change it and supply us with a new one.

We have returned to school on Week 1 and the School Packed Lunch menu will run the same as the normal menu.

Should you have any queries, please do not hesitate to contact us.

Kind regards,

Lyn Thrower



## SPRING/SUMMER MENU WEEK 1

Week starting: 19 Feb • 12 Mar • 16 Apr • 7 May  
4 Jun • 25 Jun • 16 Jul • 3 Sept • 24 Sept • 15 Oct

### **MONDAY**

**Hand-Made Cheese and Tomato Swirl with Pasta Salad**  
(v) Sweet Potato and Lentil Curry with Steamed Rice  
Sweetcorn  
Jacket Potato with Baked Beans  
Vanilla Ice Cream

### **TUESDAY**

**Lamb Meatballs in a Sweet Pepper Sauce - NEW with Steamed Rice**  
(v) Italian Bean Bake  
Garden Peas and Carrots  
Jacket Potato with Cheese and Coleslaw  
Brownie Slice

### **WEDNESDAY**

**Roast Chicken with Stuffing**  
(v) Quorn Chippolatas with Stuffing  
Roast Potatoes  
Spring Greens, Carrots and Gravy  
Jacket Potato with Tuna Mayonnaise  
Fresh Fruit Salad with Natural Yoghurt

### **THURSDAY**

**Italian Beef Lasagne with Herby Bread**  
(v) Vegetarian Bean Chilli with Steamed Rice  
Crunchy Mixed Salad  
Jacket Potato with Cheese and Baked Beans  
Fruit and Jelly

### **FRIDAY**

**Breaded Fish Fingers**  
(v) Cheese and Tomato Quiche  
Chips  
Garden Peas or Baked Beans  
Jacket Potato with Cheese  
Peach Melba Cupcake - NEW

Fresh Bread, Fruit, Milk Drink and Water  
available Daily

## SPRING/SUMMER MENU WEEK 2

Week starting: 26 Feb • 19 Mar • 23 Apr • 14 May  
11 Jun • 2 Jul • 23 Jul • 10 Sept • 1 Oct

### **MONDAY**

**Breaded Chicken Fillet in a Wrap with Steamed Rice and Broccoli**  
Jacket Potato with Baked Beans  
Chewy Bar with Melon Slice

### **TUESDAY**

**Mild Teriyaki Beef with Steamed Rice - NEW**  
(v) Veggie Balls in Tomato Sauce with Pasta  
Green Beans and Sweetcorn  
Jacket Potato with Cheese and Coleslaw  
'All Time Favourite' Cornflake Tart with Custard

### **WEDNESDAY**

**Succulent Roast Pork with Apple Sauce**  
(v) Vegemine Pasty  
Roast Potatoes  
Carrots, Broccoli and Gravy  
Jacket Potato with Tuna Mayonnaise  
Apple and Berry Slice - NEW

### **THURSDAY**

**Mediterranean Chicken with Pasta Twists and Garlic Bread**  
(v) Cheese and Potato Pie  
Crunchy Mixed Salad  
Jacket Potato with Cheese and Baked Beans  
Fruit Topped Cheesecake

### **FRIDAY**

**Crispy Fish Fillet**  
(v) Spanish Omelette  
Chips  
Garden Peas or Baked Beans  
Jacket Potato with Cheese  
Marble Cake - NEW

## SPRING/SUMMER MENU WEEK 3

Week starting: 5 Mar • 26 Mar • 30 Apr • 21 May  
18 Jun • 9 Jul • 17 Sept • 8 Oct

### **MONDAY**

**Tortilla Wrap Filled with BBQ Quorn**  
Baby Potatoes  
Crunchy Mixed Salad  
Jacket Potato with Baked Beans  
Cocoa Shortbread with Orange Wedges

### **TUESDAY**

**Margherita Pizza**  
(v) Quorn Chipolatas  
Omelette, Hash Brown and Baked Beans  
Jacket Potato with Cheese and Coleslaw  
Carrot Cake

### **WEDNESDAY**

**Traditional Roast Beef with Yorkshire Pudding**  
(v) Vegetarian Shepherd's Pie  
Mashed Potatoes  
Spring Greens, Carrots and Gravy  
Jacket Potato with Tuna Mayonnaise  
Summer Berry Eaton Mess - NEW

### **THURSDAY**

**Mild Chicken Tikka Masala with Savoury Rice and Naan Bread**  
(v) Cheesy Pasta  
Broccoli  
Jacket Potato with Cheese and Baked Beans  
Fruit Yoghurt

### **FRIDAY**

**Breaded Fish Fingers or Salmon Fingers**  
(v) Garden Vegetable Goujons served with Sweet and Sour Dip - NEW  
Chips  
Garden Peas or Baked Beans  
Jacket Potato with Cheese  
Apple Flapjack

Subject to alteration



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## SPRING/SUMMER WEEK 1

Week starting: 19 Feb • 12 Mar • 16 Apr • 7 May  
4 Jun • 25 Jun • 16 Jul

Cheese Roll
Carrot Batons
Apple Wedges
Ice Cream Tub

Fruit Cuplet
Egg Mayo Roll
Popcorn
Fruit Bag

Brownie
Fruit Cuplet
Tuna Sandwich
Cheese Bar

Vegetable Batons
Fruit Salad Pot
Fruit Cuplet
Ham Roll

Salad Pot
Sultana Bag
Jelly and Fruit
Fruit Cuplet

Cheese Topped Pasta Pot
Cucumber Sticks
Fruit Bag
Peach Melba Cupcake

## SPRING/SUMMER WEEK 2

Week starting: 26 Feb • 19 Mar • 23 Apr • 14 May •  
11 Jun • 2 Jul • 23 Jul

Cheese Roll
Carrot Batons
Melon Wedge
Chewy Bar

Fruit Cuplet
Cheese Topped Pasta Pot
Cucumber Sticks
Fruit Bag

Cornflake Tart
Fruit Cuplet
Tuna Sandwich
Cheese Bar

Vegetable Batons
Fruit Salad Pot
Fruit Cuplet
Fruit Cuplet

Ham Roll
Salad Pot
Sultana Bag
Yoghurt Pot

Cheese Topped Pasta Pot
Cucumber Sticks
Fruit Bag
Peach Melba Cupcake

## SPRING/SUMMER WEEK 3

Week starting: 5 Mar • 26 Mar • 30 Apr • 21 May •  
18 Jun • 9 Jul

Cheese Roll
Carrot Batons
Orange Wedges
Cocoa Shortbread

Fruit Cuplet
Cheese Topped Pasta Pot
Cucumber Sticks
Fruit Bag

Carrot Cake
Fruit Cuplet
Tuna Sandwich
Cheese Bar

Vegetable Batons
Fruit Salad Pot
Fruit Cuplet
Fruit Cuplet

Ham Roll
Salad Pot
Sultana Bag
Yoghurt Pot

Cheese Topped Pasta Pot
Cucumber Sticks
Fruit Bag
Apple Flapjack

Fruit Cuplet
Egg Mayo Roll
Popcorn
Fruit Bag

Subject to alteration

## Packed Lunch Menu

# SPRING/SUMMER 2018

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY